

# NEWSLETTER

## SEPTEMBER 2025



### Back on Track!



After over four months away, Roadrunners returned to sessions at Palmer Park Stadium this month

## Editor's Intro

Tom Knight

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Welcome to the September Newsletter!

Hope you all had a great summer, as I write this the temperatures seem to have turned to suggest winter is very much on its way. Which means the start of Cross-Country season! For those of you less familiar with Cross-Country, and/or want to know what events are going on when, Captains Chris and Claire have you covered in this issue.

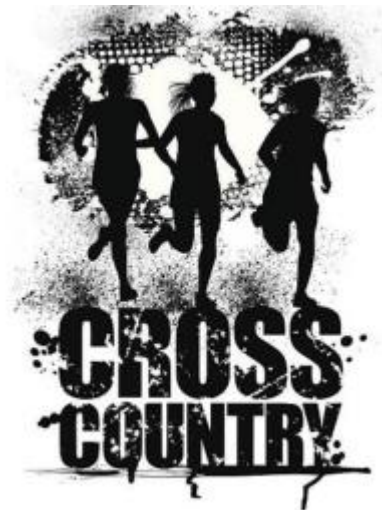
In other news, after a summer of training evenings on various fields in the area, track sessions are back! I for one have enjoyed the past few weeks re-connecting with my regular training partners on track and the 'feedback' I frequently get on my effort out there. Hope you have equally enjoyed the return after the summer sessions, and thanks again coaches for putting us through our paces, whatever the location.

As for the newsletter itself, I've started to make some small changes, mainly to make it an easier read online. I plan to look more into this, and happy to take any feedback. Also, as usual we welcome new article contributions – if you'd like to be part of the next issue, please email [newsletter@readingroadrunners.org](mailto:newsletter@readingroadrunners.org) by Wednesday 29<sup>th</sup> October.

## Cross-Country Season 2025/26

Claire Seymour and Chris Moseley

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### Reasons for taking part in XC?

- To be part of a team, representing our club and supporting each other with great camaraderie amongst our members/other clubs.
- Opportunity to run on different surfaces, in the countryside and in most cases with nice scenery.

- Good to help build strength towards those spring 10K's, Half Marathons / Marathons.
- A fun way to spend an hour or two with friends/club colleagues.
- Sense of achievement
- Post race buffet (TVXC)/cakes (Hampshire League)

### **Hampshire Cross Country League**

These events are held on a Saturday afternoon for EA registered members, the Women's race is approx.6km starting at 1.35pm, and the Men's race is approx.10km, starting at 2.30pm.

The club pays to be a member of this league, so there is no cost to runners. Club kit must be worn.

We need at least 3 women per fixture, and 4 men, or we will not have full teams. A mix of both senior and vet runners (age 40+) are required, and each runner earns individual points over the season, with trophies to be won.

These events are highly recommended, they are competitive at the front, however a range of abilities are welcomed and can take part.

#### **Fixtures are as follows:**

<b>Date</b>	<b>League</b>	<b>Host</b>	<b>Venue</b>
11/10/2025	Hants. League	Basingstoke & Mid Hants AC	King's Park, Bournemouth
15/11/2025	Hants. League	Aldershot, Farnham & District AC	Wellesley Woodlands, Aldershot
06/12/2025	Hants. League	Winchester & District AC	TBC
10/01/2026	Hants. League	TBC	TBC
07/02/2026	Hants. League	Reading AC	Prospect Park, Reading

### **Thames Valley Cross Country League**

These events are held on a Sunday with Men & women racing together, distance is between 8 and 10km. Apart from the first fixture at Metro's (Start time 4pm!) the remaining fixtures start at 11am!

The entry fee for each of the fixtures is £4 per club member and £6 for non-club members, payable in advance on [myclubhouse.co.uk](http://myclubhouse.co.uk).

A scoring team will consist of 6 male runners (including a minimum of 2 vets) and 4 female runners (including at least 1 vet).

**\*It's important to note that we require runners of all abilities to take part in this league! To push back scoring runners from other clubs, this helps our team to gain as many points as possible from the other clubs in the league! \***

Fixtures are as follows:

Date	League	Host	Venue
05/10/2025	TVXC	Metros	Hillingdon House Farm Fields
09/11/2025	TVXC	Datchet Dashers	The Brocas, Eton
23/11/2025	TVXC	Sandhurst Joggers	Lord Wandsworth College, Long Sutton
07/12/2025	TVXC	Reading Roadrunners	Ashenbury Park, Woodley
11/01/2026	TVXC	Bracknell Forest Runners	Lightwater Country Park, Lightwater
25/01/2026	TVXC	TVT	Bramshill Forest, Eversley
08/02/2026	TVXC	Handy Cross Runners	Bradenham Woods, near High Wycombe

We also have our own XC Club Championship to cover both the TVXC and Hampshire League, details can be found on our website at <https://readingroadrunners.org>

### Other XC Events

We will also look at entering teams for the following events, if you are interested, please contact [teamcaptains@readingroadrunners.org](mailto:teamcaptains@readingroadrunners.org) for more information.

Date	Event	Venue
18/10/2025	Southern (southern) XC Relays	Wormwood Scrubs, London
23/11/2025	BBO XC Champs	Englefield Park, Reading
29/11/2025	SEAA (southern) Master XC Champs	Horsenden Hill, Greenford
TBC	Inter Counties XC	TBC
13/12/2025	Berkshire XC Champs	Lea Heath, Dinton Pastures, Woodley

24/01/2026	SEAA (southern) XC Champs	Beckenham Place Park
21/02/2026	National XC Champs	Sedgefield, County Durham

Your team Captains Claire & Chris will look forward to seeing many of you wearing our wonderful green and blue vests once again on the start line of cross-country races this season.

You will find further details on all of these races, plus many more on the clubs Facebook page.

If you have any questions regarding any of these races, please do contact us.

Thanks,

Claire & Chris - RR Team Captains

## Men's Captain Chris Moseley

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[teamcaptains@readingroadrunners.org](mailto:teamcaptains@readingroadrunners.org)

I don't know about you, but summer seems to have flown by. But it's been a good one: generally warm and sunny with lots of fun stuff going on. The days are now getting shorter, and we've had a few 'fresher' mornings. That must mean that the cross-country season is on its way.

As I write this, it's just over a week to go until the opening TVXC fixture, hosted by Metros runners. Although it's come around quickly, I'm looking forward to getting the XC season started. I've been running pretty well over the summer with some good (age-graded) parkruns. A few of us took part in a XC taster session at Ashenbury Park last Sunday which gave me the opportunity to try out my new bright yellow spikes\*. Good fun, but we

could do with a bit more mud before we return there for our home TVXC race on 7 December!

\* Trail shoes are generally ok for all of the XC races we do - you don't need spikes to take part!

The results section of this newsletter shows that plenty of you were still racing over the summer months: from local 5k's to marathons and ultras around the UK and abroad. Special mentions this month:

- **Nigel Houl** set a VM70 club record at the Serpentine Last Friday 5k in July: 21 mins 50 secs;
- **James Lyne** ran a speedy 31:58, finishing 2<sup>nd</sup> at the Yateley 10k race 3 in August;
- **Rob Corney** won the Race the Train (presumably not Pete 'The Train' Morris), a 14-mile multi-terrain race in Wales;
- **Nigel Houl** was first VM70 at the Headington 5 Mile;
- **Fergal Donnelly** was first VM50 at the Southampton Run Festival 10k;
- **Rob Corney** won the Helsingborg Marathon in Sweden in a time of 2:26:32;
- **Chris Lucas** defended his title at the Sox Brewery 10k



Last weekend was the Southern Road Relays at Rushmoor Arena near Aldershot. We had men's teams in both the senior (6-stage) race and the veteran (4-stage) races and confidence was reasonably high. But as always at this event, the standard was ridiculously high. The senior men 'A' team were strong throughout with James Lyne and Rob Corney both running under 18 mins on the undulating 6km course. Overall, the 'A' team finished in 34<sup>th</sup> place in a total time of 1:58:11. That's over 9 minutes (and 29 places) higher than last year. Sadly, they missed out on a top 25 place, and with it a place at the National Road Relays, by less than 2 minutes!

The 'B' team finished somewhat later, in 84<sup>th</sup> place. But given that was out of 113 senior teams who started the race, it wasn't too bad!

In the Masters 50+ team, the talk beforehand was about their various niggles and how they weren't quite in peak shape. But they all put in commendable efforts, finishing in 9<sup>th</sup> place out of 23 teams in a total time of 1:32:26. The fastest runner on the team was **Ollie Parsons** in a speedy 22mins.

The Masters 60+ team were also strong this year, with Pete Jewell getting the team off to a flier (23:52), ably backed up by **Gavin Rennie**, **Mark Allen** and **Alan Nesbit**. Overall, they finished in a brilliant 7<sup>th</sup> place (out of 17 teams) in a time of 1:42:24.

Well done to all that took part and supported on the day.

I hope to see lots of you in a muddy field somewhere soon!  
Chris

## Ladies' Captain

Claire Seymour



[teamcaptains@readingroadrunners.org.uk](mailto:teamcaptains@readingroadrunners.org.uk)

Hope you've all had an enjoyable summer! And if you were able to get away for a break, hope you had some nice weather and found the opportunity to get out for the odd run to explore the area. I find running is a great way to see the local sights, however it is also nice to have a short break from running to rest and recover of which I decided to do on my recent holiday! I'm now back and starting to get prepared for the final races of the year!

As I am writing this report we are now approaching autumn which is good timing to be back at track with the nights starting to draw in! I hope those that have attended the track so far since our return are enjoying running on the new surface. I really did enjoy the alternative sessions at Arborfield and hope they can return over the summer in the future, however it is nice to get back to see everyone again and to prepare for those upcoming autumn races, including XC of which is almost upon us! I cannot believe where the time is going this year!

### Achievements to note:

- We had a few members take part in RR Club Champs 'Burnham Beeches Half Marathon' our ladies had a great morning with **Sarah Gee** (2<sup>nd</sup> claim Roadrunner) finishing as **2<sup>nd</sup> female overall (1<sup>st</sup> V60)**, **Katherine Streams (1<sup>st</sup> V50)** with **Ann Rostern (3<sup>rd</sup> V50)**. They were also joined by 3 other RR ladies. The course is 2 laps and undulating, and it can be on a very warm day in August so can be quite challenging, well done to you all!
- We also had three ladies take on the **SEAA relays (V50 team)**, **Helen Campbell, Helen Pool and Julie Rainbow**. **Helen Campbell** got the team off to a great start handing over to **Helen Pool** in 2<sup>nd</sup> place. Helen then maintained 2<sup>nd</sup> place handing over to **Julie Rainbow**. Teams quite often put out their strongest runners on the last leg and Julie had a great run up against some tough competition, bringing the team home in **4<sup>th</sup> position overall**. This was a really good result for our ladies up against the best V50's in the South, so well done and thank you for signing up! they did us proud and most importantly enjoyed their run.



The SEAA Relay entry is funded by the club and is one of the benefits for EA registered members. It is competitive at the front, sometimes British Champions/Olympians take part, however there are

also runners of various abilities taking part. I highly recommend giving this event a try next year, it's a good test to gauge your fitness level for upcoming races. The course at Aldershot is good to run on and as a team there is great support and camaraderie between the men's and women's teams. Please look out for dates next year as ideally we would like to have a few more ladies' teams out there representing us across the different age categories.

- Congratulations to **Nikki Gray** for finishing 1<sup>st</sup> lady at the Siren Craft Brew 10K.
- Well done to all of the ladies that took part in the Dinton Summer Series over the past few months whether this be the 5K or 10K distance, and for any other events across August which can always be a challenge with the warmer weather.

### **On to Upcoming events**

The remaining **club champs' events** for 2025 and last opportunity to gain those important points are as follows:

- 28<sup>th</sup> September – Tadley 10 mile
- 5<sup>th</sup> October – Sonning Common 10K
- 2<sup>nd</sup> November – Marlow Half Marathon.

### **Cross Country**

Please see separate article in this newsletter from me and Men's captain Chris for details.

Will look forward to seeing lots of you out representing the club in Green and blue at the upcoming XC and Club Champs fixtures!

Ladies Captain – Claire 😊

## Social Update

Sam Whalley



We've had two social events since the last newsletter.

On the afternoon of Saturday 9<sup>th</sup> August some of us met outside Reading train station for a leisurely walk to Loddon Brewery. It was an absolutely glorious day, and it was so nice to just walk and chat to people we might not normally interact with. Paul Young turned out to be the font of all knowledge regarding buildings in the Caversham area, and David Fiddes waiting for us along the way was a surprise but welcome sight, as he was able to guide us along the last part of the route.

It was over a drink at the brewery that Kevin Bilsby suggested a live music band for a September social, so on the evening of Friday 11<sup>th</sup>, a number of us sang and danced along to Code Red at the Purple Turtle bar in Reading. This was another fun event, and our general secretary was able to join the rest of the band on stage for a couple of songs, having taken the evening off from being their technical support.

Coming up we have:

### Friday 31<sup>st</sup> October – Hallowe'en drinks and spooky walk

The Three Tuns pub, 191 Wokingham Rd, Reading RG6 1LT

Meet at the pub in fancy dress for a walk around the University of Reading grounds, followed by a drink and some laughs.

Pay £1 cash for entry into the fancy dress competition, or £2 to be excused from fancy dress! Winner wins a (reasonably priced) drink at the pub. Any excess entry fees will be donated to the club charity, SAFE.8-11pm

### Saturday 22<sup>nd</sup> November – Winchester Christmas Market

Meet at Reading train station at a time tbc, around 12-1pm, for a train to Winchester. We can buy a group ticket to enjoy the market and Christmas lights. Return time by mutual agreement.

Market open from 10am to 8pm.



**Saturday 13<sup>th</sup> December** – Christmas drinks at Phantom Brewery, Unit 3 Meadow Rd, Reading RG1 8LB

An area has been set aside for us at the brewery.

7.30-10.30pm

**Saturday 31<sup>st</sup> January** – National Running Show, National Exhibition Centre, Birmingham B40 1NT

Sign up at <https://nationalrunningshow.com/subscribe> to receive information on how to obtain free tickets.

Meet at Reading train station at a time as yet tbc for a train to Birmingham International for the running show. We can get a group ticket. Option to drive, lift-sharing with a parkrun on the way.

Show open from 9am to 5pm.

As February is set to be a busy month with Hampshire League XC, TVXC, Bramley 20/10, Nationals XC and Wokingham Half Marathon, a decision on the social event for this month will be made later in the year.

**Saturday 28<sup>th</sup> March** – Annual Awards Night, Park House, University of Reading, Reading RG6 6UA

Join us for a celebration of our achievements over the past year. If you have won an award in the Club or XC Championships, this is where you will collect it. There will also be a presentation to the club charity, thank yous for the committee, and the live announcement of The Sid Gibbs Award. There will be a hot fork buffet, and live music by Pink Fish. It is always a fun evening of club members coming together with friends and family.

7-11.30pm tbc

Price likely to be in the region of £30-£40 per ticket – start saving up!

More details on all of these socials will follow in the coming weeks and months. Keep your eye on your emails, myClubhouse and our Facebook event page too.

Thank you to those of you who have engaged with the social so far. If you have any requests for future events, please contact me on social media or via [socialsec@readingroadrunners.org](mailto:socialsec@readingroadrunners.org).

Sam Whalley

## Reading Roadrunners Committee Meeting

Tuesday 17 June, 7pm (by video call)

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### The Committee

Chris Manton	(Chair)
Pippa White	(Treasurer)
Mike Worsfold	(General secretary)
Liz Johnson	(Membership secretary)
Kerri French	(Coaching Liaison)
Sam Whalley	(Social Secretary)
Debbie Clay	(Lead Welfare Officer)
David Walkley	(Ex Officio)
Colin Cottell	(Ex Officio)

### Apologies for absence

None

### Minutes of the previous meeting

The minutes of the previous meeting were proposed as a true record by Pip, and seconded by Chris.

### Matters arising from the minutes of the previous meeting

None

### Chair's report

After a relatively quiet summer for the Committee there is a lot going on as the long-awaited return to track has finally happened. Runners were welcomed back to the track on 10th Sept and as is obligatory at track it rained.

The club has offered alternatives to the track throughout the period of the works, thanks to the efforts of the coaches and LIRFs the off-track sessions have been popular and successful and the club will review to see how off-track sessions can be incorporated into the offering going forward.

Other measures taken during track closure such as the weekly email have also proved to be successful and we will be looking at how we can build that into the normal workings.

As we return to track the Committee will consider at what point new memberships can be taken on, there is likely a period where we'll get used to being back on the track before we look to reopen memberships.

In relation to track return the Committee is looking to trial longer sessions on a Wednesday night, the additional time before the normal 18:30 coached sessions will be uncoached but are intended to give members more time to train if they desire, more details will follow.

Away from track lots of work going on getting ready for the cross-country season and the Bramley 20/10 road race which follows hot on the heels of the cross-country season. Making these events happen takes a lot of effort from volunteers and the process of securing help has already started and being planned for.

There have been a number of social events with more planned in the near future.

## General Secretary's Report

- I have completed a couple more DBS checks over the summer.
- I've continued to send out weekly emails while the track has been closed, and will continue to do so, so that people who don't attend track on a Wednesday will still get the notices.
- Palmer Park track has been booked until Christmas.
- I have two open actions:
  - 2505-01: Track is now re-open so I shall close this.
  - 2506-01: Accident reporting form on MyClubhouse. I've not progressed this yet.

## Treasurer's Report

### Key Outgoings/Receipts

- Payment to Soar for club vests (cost will be covered by purchasing club members)
- Jackets purchased for the coaching team, and training course funded for one additional LIRF

### Other Business

- New debit card received and ready for use
- Cash ending balance in Aug25 £122K

## Profit and Loss

Reading Roadrunners

For the month ended 31 August 2025

Account	Aug 2025	Jul 2025	Jun 2025	Year to date
<b>Turnover</b>				
Event income	0	0	0	45,128
Kit sales	0	42	63	871
Membership	0	0	0	23,032
Social income	0	0	0	1,976
<b>Total Turnover</b>	<b>0</b>	<b>42</b>	<b>63</b>	<b>71,007</b>
<b>Cost of Sales</b>				
Affiliation Fees	0	220	0	8,248
Events	0	267	0	39,467
Kit	0	0	1,760	1,760
Social	0	0	0	3,023
Track Hire	0	0	0	1,464
<b>Total Cost of Sales</b>	<b>0</b>	<b>487</b>	<b>1,760</b>	<b>53,962</b>
<b>Gross Profit</b>	<b>0</b>	<b>(445)</b>	<b>(1,697)</b>	<b>17,045</b>
<b>Administrative Costs</b>				
AGM	0	0	0	220
Charitable Donations	0	0	225	6,398
Coaching	200	0	344	1,017
Equipment	0	0	0	361
Insurance	0	0	0	221
IT Software and Consumables	0	0	0	1,323
Training Courses	0	0	0	50
Travel - National	0	0	0	690
Trophies and Awards	55	0	0	1,172
<b>Total Administrative Costs</b>	<b>255</b>	<b>0</b>	<b>569</b>	<b>11,451</b>
<b>Operating Profit</b>	<b>(255)</b>	<b>(445)</b>	<b>(2,266)</b>	<b>5,593</b>
<b>Other Income</b>				
Charity donations received	213	200	0	559
Interest Income	102	116	122	948
<b>Total Other Income</b>	<b>315</b>	<b>316</b>	<b>122</b>	<b>1,507</b>
<b>Profit on Ordinary Activities Before Taxation</b>	<b>60</b>	<b>(129)</b>	<b>(2,144)</b>	<b>7,100</b>

## Membership Secretary's Report

None received

## Social Secretary's Report

I wrote about the Bingo Run for the July newsletter. This was well attended and raised £193.

In August I organised a walk from Reading train station to Loddon Brewery. The weather was beautiful and we enjoyed a really nice walk, chat and drink. I was particularly pleased to see that a member who isn't on social media came along. He signed up on myClubhouse and it showed that messages do get through.

On Friday we met at the Purple Turtle for live music by Code Red. This was a really nice evening with great music - well done, Mike! I should however have thought twice about a social on the Friday of my first full week of teaching - I could not stop yawning!

The socials so far have tended to attract a select few, some of whom sign up, some who don't. The next event will be the Halloween drinks and spooky walk, for which I will be insisting on sign-ups - I don't want to be a dressed-up Billy No-Mates that evening. I will set up the events this week.

## Coaching Report

Off track sessions have continued throughout the summer. Members were very grateful for the variety and consistency delivered by the Coach team.

It is great to now be back on the track.

We have started a pilot for 10 weeks opening the session from 5-6.30pm for members only to come use the track before announcements at 6.30pm and Coached sessions begin. 22 attended the first open track session, which is very promising.

Process for entering the building:

5-6pm is through main reception members MUST show membership cards to Better Leisure staff. Any bicycles must be locked at the bike racks out front.

From 6pm - the side door will be opened by Reading Roadrunners volunteers. Members MUST show their membership cards and can wheel bikes trackside from that entrance.

Spikes & muddy trainers are not allowed in the building from either entrance.

We will not be running any new member sessions until we've been back on the track for a few weeks. Coaches will do head-counts and report back.

In the meantime, I have a waitlist of people who are considering joining the club, which is currently 40 people to date.

A first aid course has been booked for Saturday 15th November.

We have a Coaches/LiRFS/CA meeting booked Weds 17th September too.

## Matters Arising from Reports

Chris re-iterated his thanks to Kerri and the coaching team for providing a full set of sessions over the summer.

Last Wednesday (10th Sept) was the first back on track. We had 22 people 5-6pm and 86 after 6.30pm. Most of the 22 early birds didn't stay for the main session, so it did reduce numbers in the coached sessions.

## Agenda Items

### 1) Proposal from Bob Thomas (rule change wrt club colours)

Bob has proposed that we rescind the rule to require members to wear a club vest when taking part in club champs. The committee recognised Bob's concerns, but felt that the rule should stand. To address the administrative burden, we propose requiring reports of non-compliance to be made within 48 hours.

### 2) Club Champs – how to we increase participation

Various options were put forward, but Chris took an action to invite the Team Captains to the next meeting to discuss participation.

*Consider: Include a parkrun, include Friday track sessions, go for shorter distances, not having to do every distance.*

### 3) Use of RAC Clubhouse

Agreed to rent for an hour on a Wednesday as a trial period. We will need some additional volunteers to help lock / unlock and to tidy up.

### 4) Bramley Budget

Bramley budget has been provided to Committee, since issue some of the estimated costs have firmed up and firmed up in favour of the Race Committee meaning the small projected loss is significantly reduced and projections are a profit may be on the cards.

### 5) Sharing the track on Friday with other clubs

Our rental agreement does not allow us to sub-let the track to other clubs. Various options were discussed. A decision was made to introduce a new membership category of 'Friday 2<sup>nd</sup> Claim Member' for a reduced rate, and with no EA membership. This would mean that runners from other clubs can join our club as second claim, use the track on a Friday, and run in races as Reading Roadrunners should they choose. This also has benefits for the waitlist.

### 6) Club Hardship Fund

Following a request from a refugee, it was agreed to have the ability to offer free membership to runners, at the discretion of the chair.

### 7) Waitlist

There are almost 45 people on the wait list. These will be offered a 'Friday 2<sup>nd</sup> Claim' membership until full membership is reopened in early 2026.

## AOB

Door rota on a Wednesday – we need a few more people (plus also people for Club House tidy up). David W to write some words and Mike to email out.

**Next Meeting:** 19:00 Tuesday, 7 October - online.

## **Main Club contact points:**

Chair, Chris Manton:

[chair@readingroadrunners.org](mailto:chair@readingroadrunners.org)

Membership Secretary, Liz Johnson/Ian Giggs:

[membership@readingroadrunners.org](mailto:membership@readingroadrunners.org)

Secretary, Mike Worsfold:

[gensec@readingroadrunners.org](mailto:gensec@readingroadrunners.org)

Treasurer, Pippa White:

[treasurer@readingroadrunners.org](mailto:treasurer@readingroadrunners.org)

Social Secretary, Sam Whalley:

[socialsec@readingroadrunners.org](mailto:socialsec@readingroadrunners.org)

Coaching Liaison, Kerri French:

[Kerrifrench73@gmail.com](mailto:Kerrifrench73@gmail.com)

Ex Officio: Colin Cottell, David Walkley

Website Manager, Paul/David:

[webmaster@readingroadrunners.org](mailto:webmaster@readingroadrunners.org)

Team Captains, Claire Seymour & Chris Moseley:

[teamcaptains@readingroadrunners.org](mailto:teamcaptains@readingroadrunners.org)

Kit Manager, Dean Allaway:

[dean.allaway@yahoo.co.uk](mailto:dean.allaway@yahoo.co.uk)

Lead Welfare Officer: Debbie Clay

Welfare Officers: Sarah Walters, Liz Ganpatsingh

[welfareofficer@readingroadrunners.org](mailto:welfareofficer@readingroadrunners.org)

Newsletter: Tom Knight

[newsletter@readingroadrunners.org](mailto:newsletter@readingroadrunners.org)

Results Processor: Gary Brampton

[results@readingroadrunners.org](mailto:results@readingroadrunners.org)

## Roadrunners' Race Results

### Gary Brampton

If you would like to ensure inclusion in this section, please email details of results and any PB achieved to: [results@readingroadrunners.org](mailto:results@readingroadrunners.org)

#### July 25th

##### Serpentine Last Friday 5k

<i>Pos</i>	<i>Name</i>	<i>Gun</i>
97	Nigel Hoult (VM70 club record)	21:50

#### July 26th

##### Maverick X South Downs Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
101	Pete Morris	6:32:03

#### July 27th

##### Run Northumberland Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
11	Stephen Ingledew (1st VM60)	1:30:10

#### August 3rd

##### Vanguard Way Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
52	Pete Morris	7:05:55

#### August 10th

##### Newbury Racecourse Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
15	Marco McKerlie	1:29:22
189	Pete Morris	2:31:15

#### Ramsbury Gold 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
2	Matthew Sargent	39:24
303	Kerri French	1:45:21
304	Gemma Funnell	1:45:21

#### August 13th

##### Yateley Summer Series 10k race 3

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
2	James Lyne	31:58
7	Callum Evans	34:38
27	Oliver Parsons	37:42
30	Phil West	37:57

43	Robert Cannings	39:10
119	Matthew Clover-McCann	43:50
162	Fiona Kingston	45:49
177	Sarah Dooley	46:20
190	George Mitchell	46:30
224	Ian Giggs	48:18
245	Benjamin Myers	48:43
302	Celia Clay	50:59
333	Gareth Griffiths	52:34
512	Robert Bursell	60:03
550	Angelique Haswell	61:33

#### August 14th

##### Dinton Summer Series 5k Race 4

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
10	Erica Key	21:28
18	Lorna McLeod	24:07
40	Tracy Jenkins	27:29
43	Catherine Leather	27:48
44	Vince Williams	27:57
47	Sam Briggs	28:24
72	Dan Manton	31:38
73	Chris Manton	31:38
81	Adele Graham	32:56
117	Cecilia Csemiczky	38:33
138	Gill Manton	42:33
139	Linda Wright	42:50

##### Dinton Summer Series 10k Race 4

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
8	Eoin McLeod	44:11
15	Jon Lloyd	45:23
37	Mark Allen	50:50
123	Liz Sarjent	68:29

#### August 16th

##### Race the Train (14 miles)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1	Rob Corney	1:27:37

**August 17th**Burnham Beeches Half Marathon

(Club Championship)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
13	Sarah Gee (1st VF60)	1:23:40
25	Katherine Streams (1st VF50)	1:30:08
56	Tony Page	1:37:49
62	Mike Worsfold	1:38:53
66	Ann Rostern	1:40:11
76	Alan Freer	1:42:16
86	Pete Aked	1:43:10
96	Chris James	1:46:19
134	Sara Cha	1:52:01
136	Mark Allen	1:52:19
142	William Shillibier	1:53:15
153	David Walkley	1:55:06
199	Tim Miller	2:03:12
246	Ben Fasham	2:11:33
248	Veronika Royle	2:11:43
251	Gary Clarke	2:12:28
305	Mary Wilson	2:54:17

Scottish Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
225	Stephen Ingledeew	1:28:45

Windsor & Eton Brewery 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
316	Linda Wright	97:47

Headington 5

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
89	Fergal Donnelly	34:38
115	Nigel Houlton (1st VM70)	36:23

**August 24th**Woldingham Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
28	Pete Morris	7:11:17

Arundel Castle 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
368	Julie Wing	96:50

**August 30th**Stockholm Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
201	Tom Knight	1:21:26

Henley River Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
28	Pete Morris	3:08:55

**August 31st**Trimpell Golden Ball 20

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
56	Stephen Ingledeew	2:37:15

Southampton Run Festival Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
191	Pete Morris	2:25:46

Southampton Run Festival 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
18	Fergal Donnelly (1st VM50)	44:13

**September 6th**Helsinborg Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1	Rob Corney	2:26:32

**September 7th**Great North Run Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1045	Stephen Ingledeew	1:28:49

SOX 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1	Chris Lucas	40:07
57	Mark Allen	55:39
123	Tracey Lasan	1:02:52
287	Linda Wright	1:49:40

Overton 5

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
46	David Parton	30:43

**September 14th**Vilnius Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
984	Ian Giggs	4:17:14
993	Dean Allaway	4:18:21
1484	Pete Morris	5:17:14
1513	Martin Bush	5:23:31

Chippenham Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
55	Julian Sherman	1:23:09
156	Daniel Worthey	1:31:20
380	Giles Crist	1:47:06

**September 20<sup>th</sup>**SEAA Road Relays: Masters Women 50+

<i>Leg</i>	<i>Name</i>	<i>Time</i>
<i>Pos</i>		
2	Helen Campbell	26:08
2	Helen Pool	26:26
4	Julie Rainbow	28:20

RR Masters Women 50+: 4th out of 6

SEAA Road Relays: Senior Men

<i>Leg</i>	<i>Name</i>	<i>Time</i>
<i>Pos</i>		
67	Ryan O'Brien	20:13
22	James Lyne	18:54
48	Chris Burt	20:26
50	Joe Lindsay	20:21
26	Callum Evans	19:49
7	Rob Corney	18:25

RR Senior Men 'A': 34th out of 113

<i>Leg</i>	<i>Name</i>	<i>Time</i>
<i>Pos</i>		
98	Chris Moseley	21:52
106	Fergal Donnelly	25:12
89	Brian May	23:07
97	Justin May	28:03
66	Marco McKerlie	21:51
78	Ben Price	25:11

RR Senior Men 'B': 84th out of 113

SEAA Road Relays: Masters Men 50+

<i>Leg</i>	<i>Name</i>	<i>Time</i>
<i>Pos</i>		
16	Lance Nortcliff	24:04
9	Dave Parton	23:07
6	Alex Harris	23:03
7	Ollie Parsons	22:10

RR Masters Men 50+: 9th out of 23

SEAA Road Relays: Masters Men 60+

<i>Leg</i>	<i>Name</i>	<i>Time</i>
<i>Pos</i>		
5	Pete Jewell	23:52
5	Gavin Rennie	25:01
14	Mark Allen	28:19
7	Alan Nesbit	25:10

RR Masters Men 60+: 7th out of 17

**September 21st**Berlin Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1509	Matthew Sarjent	2:53:47
2109	Finbarr Bevan	2:58:28
5203	Holly Sedgwick	3:18:53
8004	Phil West	3:30:47
38122	Susan Knight	5:10:24
45679	Amanda Rosser	6:01:30
47944	Tony Eastaway	7:06:41

Siren Craft Brew 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
7	Nikki Gray (1st female)	40:00
17	Jonathan Lloyd	42:21
37	Lisa Steele (1st VF40)	44:49
59	Saba Reeves (1st VF50)	46:31
204	Mark Allen	54:54
450	Yvonne Edwards	76:33

## Club Championships

Bob Thomas

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We had just one Championship race during August: the Burnham Beeches HM, in which 17 members took part.

Here is the present leaderboard for each of the competition categories:

	Women	Men
<b>Senior</b>	Sara Cha	Ben Price
<b>Vet 40</b>	Christina Reay	Chris James
<b>Vet 50</b>	Ann Rostern	Adrian Cull
	Katherine Streams	
<b>Vet 60</b>	Tina Woffington	Gavin Rennie
	Linda Wright	
<b>Vet 70</b>	Julie Wing	David Leake
<b>Age grade</b>	Alan Freer	

The next race is the Tadley 10 on 28Sep, followed by the Sonning Common 10K on 5Oct and, finally, the Marlow HM on 2Nov.

Link to the folder containing the cumulative scoresheets: [2025 Club Championship Scores](#).

The results & scoring administrator can be emailed at [champs@readingroadrunners.org](mailto:champs@readingroadrunners.org).

## Photo Gallery

### Some snaps from recent weeks

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- ▲ Roadrunners at Dinton Pastures parkrun in memory of Sian James, 16 August
- ▼ Roadrunners at Burnham Beeches Half Marathon, 17 August





▲ Roadrunners at Vingis Parkrun, Lithuania, 13 Sept

▼ Roadrunners at Severn Bridge Parkrun, Lorraine Bailey's 750th – 13 Sept



