					Estimated finish time - Minutes																Results									
Gender	Tea	am	Bib No.	>21	>22	>23	>24	>25	>26	>27 >2	8 >29	>30	>31	>32	>33	>34	>35	>36	>37	38 >	>39	Handicap	Position	Handicap	Time - M	Position	Time - F	Position	Time - MX	Position
М	Strong, Kevin	Wing, Stewart	99/100																		X	30.34	1	0	30.34	14				
M	Page, Tony	Page, Tom	87/88								Х											33.52	2	10	23.52	10				
MX	Towse, Kate (FC)	Hobson, Chris (FC)	890/891										Х									34.20	3	8					26.20	3
MX	Brookling, Victoria (FC)	Jones, Kevin (FC)	107/108										Х									35.07	4	8					27.07	4
M	Andrew, Mark	Rudolph, Matthew	75/76						Х													35.22	5	13	22.22	5				
MX	Bravet, Pauline	Chabran, Antoine	79/80							Х												36.59	6	12					24.59	1
M	Atkinson, Andy	Harrison, Tom	77/78																Х			37.09	7	2	35.09	15				
М	Squire, Alex	McKerlie, Marco	95/96			Х																37.36	8	16	21.36	4				
M	Cottell, Colin	Lloyd, Jon	81/82					Х														37.38	9	14	23.38	9				
M	Webber, Chris	Jewell, Pete	101/102		Х																	37.45	10	17	20.45	2				
MX	Zagyva, Daniel	Wong, Karman (G)	105/106							Х												37.57	11	12					25.57	2
М	Jones, Rhodri (FC)	Hiscocks, Stuart (FC)	109/110				Х															37.59	12	15	22.59	8				
M	Morris, Pete	Padhi, Rishi	85/86									X										38.03	13	9	29.03	13				
M	Kew, Jon	Donnelly, Fergal	83/84		Х																	38.06	14	17	21.06	3				
М	Squire, Zak	Mandell, Kyle (G)	97/98						Х													38.20	15	13	25.20	11				
М	Armstrong, James	McLeod, Eoin	73/74	Х																		38.33	16	18	20.33	1				
М	Price, Ben	Evans, Jacob (G)	93/94			Х																38.36	17	16	22.36	6				
М	Piccoli, Santino	Bradbury, Tom (G)	91/92			Х																38.39	18	16	22.39	7				
F	Pool, Helen	Lloyd, Chloe	89/90				Х															38.43	19	15	, and the second		23.43	1		
M	Allen, Mark	Clarke, Gary	71/72							Х												38.58	20	12	26.58	12		•		
F	White, Dijana (FC)	Smith, Lisa (FC)	892/893								Х											39.13	21	10			29.13	2		
MX	Woffington, Tina	Woffington, Carl	103/104														Х					40.01	22	4					36.01	5

Notes:-

- 1. Handicap finishing positions are listed in ascending order. No runners finished in accordance with estimated finishing times. Runners finished estimated finish times benefitted by having a bigger headstart and the better their finish time was versus their estimated finish time, the bigger the advantage. Cells highlighted in green show runners actual running time versus estimated finish time.
- 2. Team whose results are highlighted in Red ran a 7th lap, adding an extra 5:35mins to their finish time. Time shown includes 7th lap
- 3. Actual running times are shown also broken down by Male (M), Female (F) & Mixed (MX)