

# NEWSLETTER

## JUNE 2023



Champagne moment!



Katherine, Nikki, Kat, Sarah and Flo  
celebrating their record-breaking  
performance at a sizzling hot Endure 24 🙌

## Editor's Intro

David Clay

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Welcome to the June newsletter!

The summer racing and social calendars are both in full swing and there's lots to look forward to over the coming weeks and months. Good luck in particular to our teams running the Ridgeway Relay this weekend.

I was a bit spoiled for choice for the cover page on this edition. There has been plenty of inspiring and outstanding running during the course of the month, and you can read all about it in Tony and Chloe's captains' reports. We also have the full run-down of times and positions in David Dibben's results pages.

Since the last newsletter I've been plodding away with three runs a week, a bit of cross-training and some physio-planned gym sessions. It's gone alright and I'm slowly making progress, though I've definitely had to reset my goals and expectations while I try to build back some fitness... I was pretty happy just to run a single sub 4min km at track this week! Plus, with all the heat and humidity about lately, I think simply getting out there, staying hydrated, and finishing training runs is a decent enough achievement.

Thanks to everyone who has sent in an article for this edition. Alongside our regular contributions we also have a lovely tribute to Sid Gibbs from page 11. Many thanks to Toni McQueen (and Roger Pritchard) for writing this. If you would like to contribute to the next newsletter, which will be the last before a summer break, then please message me at [newsletter@readingroadrunners.org](mailto:newsletter@readingroadrunners.org) by Monday 17<sup>th</sup> July.

## Chair

Sam Whalley

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I hope you have all been making the most of the sunshine and staying safe.

At the end of May we were sorry to receive the news that Sid Gibbs, one of our founder members, had died at the age of 93. Right up until the pandemic, Sid was still regularly walking around the track on a Wednesday evening, and coming to the socials. In recent years he had lost his sight and moved into a nursing home. We send our condolences to his family.

[chair@readingroadrunners.org](mailto:chair@readingroadrunners.org)

It's thanks to people like Sid that the club is what it is today. It has been great to see all of the achievements of the past month, at Endure 24, Green Park 10k, and the Dorking 10 mile and Hampshire

Hoppit half marathon club championship races. Well done if you have added another bit of bling to your collection. The vets track and field league has just taken place, and will conclude next month. Thanks to Chris for entering teams for these fixtures. On 2nd July we will be co-hosting the finale with Reading AC, so keep your eyes peeled for that, and help out where you can.

Our outruns have continued, starting from various locations around Reading. Some of these are rebranded as pub runs during the summer months, and their popularity doesn't wane. There's something so nice about a gentle trail run with friends on a summer's evening, isn't there? I haven't yet been able to make any due to work commitments, but hope to come along soon. Thanks to Stuart for compiling these.

Coming up we have relays of the Ridgeway, Runnymede and the summer social variety. These are always really fun team events, and I look forward to seeing how our runners get on. I'm sure our captains and social secretary will have more to say about those.

If you weren't at the barn dance at the beginning of the month, where were you? It was so much fun, and I think it's fair to say that many of us were well out of our comfort zones! Well done to Liz for her fundraising efforts so far, and to Farmer Chris for lending us his barn.

As well as all these races, competitions and socials to attend, there is also training to be done, apparently. Thank you to all of the coaches and LiRFs who are offering sessions or helping out on or off the track, and to Jamie for co-ordinating them all.

It won't be too long before we are thinking about the organisation of our home TVXC fixture, which looks set to be on 7th January 2024. Please let me know if you are interested in taking on the role of race director – lots of support will be available.

Happy Running!  
Sam Whalley  
chair@readingroadrunners.org

## Men's Captain

### Tony Page

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teamcaptains@readingroadrunners.org

A short report from me this month. I'm busy organising teams for the Ridgeway and Runnymede Relays over the forthcoming weeks. A few things have stood out this month though. There have been some great times and real strength in depth in evidence.

At the Track Friday night of the mile PBs, there were 5 runners under 5 mins including **Callum Evans** (4.56), **Brendan Russell** (4.57) and **Dimi Gospodinov** (4.59). Well done guys. At the Green Park 10K, **Mark Worringham** was 4th (1st M40), in 34.06, ahead of 6 roadrunners in 36 minutes or under on a hot day. There were fast times at Yateley 10K too, with **Dan Moore** (6th place in 34.35). This is good preparation for the SEAA Road Relays in September; look out for more about how to qualify for our team in the coming weeks.

Also on the track, **Pete Jewell** was 3rd Vet 60 in a high quality national field at Battersea 5K with a new Vet 60 club record of 18.49. **Eddie Thorpe** was 1st place, Vet 75. Well done to Pete and Eddie for putting us on the map in Masters running!

Turning to endurance, well done to everyone who ran at Endure last weekend. I certainly had some FOMO this year. Special mention to **Gary Tuttle** who completed 25 laps (125 miles), in 2nd place in the solo competition.

There will be a bumper report next month, with the Ridgeway and Runnymede Relays. We've also got two club championship races over the coming weeks, the Didcot 5 (2nd July) and Yateley 10k (2nd August). You need to book them soon to get a place! Also, there's the Vets Track and Field at Palmer Park for those of us 35+. Lots to get involved in...



## Women's Captain

Chloe Lloyd

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teamcaptains@readingroadrunners.org

How is everyone's running tan looking? Mine, decidedly odd! My arms are browning (bar my left wrist), as is my neck, but the rest of me is still a funny shade of white.

It feels like there have been fewer races this month, meaning less PBs have been reported. Coincidence with the increase in temperature I wonder.

Dorking 10 took place on the same day as Green Park 10k. Dorking is the sixth race in the Club Championships. I understand it was a bit of an early start for those running, but maybe the temperature at 9am was a little more forgiving? Whereas those of us racing at Green Park were basking in the heat for a 10:30am kick off. Only one lady, **Ann Rostern**, competed at Dorking and ran her race in 1:12 - well done Ann! Green Park 10k on the other hand saw thirty-seven Roadrunners take to the start line, four new shiny PBs were set, three from the men and one from me - although I forgot to report that one in!

The weekend of Endure this year was also a scorcher. Several teams from Roadrunners were entered, along with eleven solo entries. I went down for a jolly, and to see the women's team break a record! This lightning fast team was made up of **Sarah Dooley, Kat Charles, Katherine Streams, Nikki Gray** and **Flo Ledger**. 38 laps were run in 24 hours between them - an amazing effort I think you would all agree.

Ridgeway Relay this weekend. I take my hat off to Men's Captain **Tony Page**. He does an awful lot of work in the background. Organising teams is no small feat, but we've done it. 40 runners will take to the gnarly paths with nettles and thistles whipping at their ankles. Best of luck to all those running, and thank you so much from both of us for stepping up to the challenge. I look forward to writing up the results next month!

Until then...

## Social Stuff!

Kerri French, Social Secretary

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There are lots of events planned for the rest of the year! Coming up soon....

### July

#### **Alumnus & Retired Members Coffee & Catch up**

Monday, 17 July 2023 10:30 - 11:30

At Bosco Lounge Woodley

No need to sign up - just turn up on the day.  
A monthly social gathering especially for our Retired & 'Alumnus' members of the club.

It's a great opportunity to have a coffee & catch up swapping Roadrunner stories.

#### **Summer Games & Picnic in the park**

Friday, 28 July 2023 19:00 - 21:30

Palmer Park

Come join us for some fun and games in the park. Everyone welcome, including friends and family members. Rounders and sports day themed events.

Bring your own picnic and refreshments.

Sign up on My Club House

### August

#### **Day trip to Bognor Regis by Coach**

Saturday, 12 August 2023 06:00 - 18:00  
Bognor Regis

Departing Reading (location TBC)  
Setting off around 6.15/6.30am  
Departing Bognor around 6.30pm  
Friends & Family members most welcome.

Details:

9.00am - parkrun or play mini golf in the park if you don't want to take part in the parkrun.

10.15am - Go for breakfast

Day at the seaside

5pm/6pm - Go for food before heading back home

Sign up for the Coach on My Club House

### October

#### **Day at Ascot Races**

Featuring the Ascot Beer Festival.  
Saturday, 7 October 2023

Gates open at 11am, Racing starts at 1.51pm.  
Sign up on My Club House.

I can buy a Group Ticket at a reduced rate for people (£20.50) for the Queen Anne enclosure.

Meet at Reading Station at midday approx to get the train to Ascot.

There'll be hops and skips for sure but no jumps as this is the penultimate meeting of Ascot's Flat season.

As one of the largest beer festivals in the South East, there are 160 different beers, lagers, real ales, ciders and perries to sample.

## **Charity of the Year – Understanding Dementia**

**Liz Atkinson**

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I'm sitting here thinking "where do I start" - Well it has to be with The Barn Dance! All the Stars certainly lined up that night - The Setting, the Band, the Weather, with that wonderful strawberry moon, and finally all of you who attended. Without your enthusiasm it would have failed. You took no persuading to get up on the floor.

You stripped willows, went under the bridges of Athlone and certainly impressed Howard the caller. He usually has to shout out several times to get couples on the floor and was worried you would be eating your picnic rather than dancing! I told him not to worry, "they won't hold back - RR are a fit bunch" and you proved me right.

Thank you again to those of you who provided raffle prizes - together with the entries we raised £1,500 clear profit. Our expenses were kept low thanks to Chris Webber who gave us the use of his Barn and also managed to get us free loo's! I must also give a huge thanks to Fiona Ross and Cecilia Csemiczky for the help behind the scenes. When planning these large events, it needs a reliable team.



Prior to the Barn dance we had a few others events. Shinfield 10K - here the cake sale raised £250 (thanks Toni McQueen, Shirley Smith and Estelle Chase for all your hard work) and name the Bear £117. Eurovision £72 (the winner Clive Bate generously donated his prize back to our charity). We have also had a generous donation of £150 from Rockwell Collins (thanks Peter and Sophie Higgs).

Liz Ganpatsingh, our charity treasurer, has confirmed that the total raised to date was now £5,952.95 and since confirming this, we have received more, including £70 from Sarah Dooley's team at Endure for the refreshments that Stuart Lunn generously provided.

Adele Graham raised another £27 from her plant sale. Another donation received, via the good exchange, was £30 from Ann Rostern, bumping the total up to £6079.95 - and we still have the Shinfield charity contribution to come.

Don't think we are finished yet! Other events coming from Kerri French are the summer relays on 18th July (There will be a chance to win a bottle Pommery Champagne), Summer Games and Picnic on 28th July (win a Hamper) Plus we have a Bingo Fish and Chip night at St. Peter's Church Hall on the 9th September - more details to follow soon, but please save the date.

Finally, if you haven't had enough of me and sweepstakes, I'll be checking you out soon for a few more - starting with the FIFA Women's World Cup!



## Reading Roadrunners Committee Meeting

Tuesday 13 June, 7pm (by video call)

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### The Committee

Sam Whalley	(Chair)
Kerri French	(Social secretary)
Kayleigh Forbes	(Website/social media)
Chris Manton	(Ex officio)
Stuart Lunn	(Ex officio)
Angharad Ross	(Ex officio)
David Fiddes	(General secretary)
Ian Giggs	(Membership secretary)
Art Atwal	(Coaching liaison)

### Apologies for absence

Chris Burt (Treasurer)

### Minutes of the previous meeting

The minutes of the previous meeting were proposed as a true record by Kerri, seconded by Art.

### Matters arising from the minutes of the previous meeting

Stuart is arranging a meeting with Palmer Park to discuss reinstating the cabinet, posters and parking issues. It was noted that the trophy cabinet is missing some shelves and wall fixings.

It was agreed to continue to subsidise the band fee for the annual awards evening. Angharad raised the concern that the £900 fee was not included in the budgeting for this year's membership fee calculations.

Stuart reported that all shredding of confidential data from the self-storage was now done. We have one certificate of destruction for first batch, waiting on the second one. Which will then be sent to David for club records.

### Chair's Report

At the end of May we were sorry to receive the news that Sid Gibbs, one of our founder members, had died at the age of 93. Right up until the pandemic, Sid was still regularly walking around the track on a Wednesday evening and coming to the socials. In recent years he had lost his sight and moved into a nursing home. We send our condolences to his family.

It's thanks to people like Sid that the club is what it is today. It has been great to see all of the achievements of the past month, at Endure 24, Green Park 10k, and the Dorking 10-mile club championship race.

The vets track and field league continues this month, as do our weekly outruns. Some of these are rebranded as pub runs during the summer months, and their popularity doesn't wane. I haven't yet been able to make any due to work commitments but hope to come along soon. Thanks to Chris and Stuart for their co-ordinating of these.

Coming up we have relays of the Ridgeway, Runnymede and the summer social variety. These are always really fun team events, and I look forward to seeing how our runners get on.

The barn dance at the beginning of the month was so much fun! Well done to Liz for her fundraising efforts so far, and to Farmer Chris for lending us his barn.

Thank you to all of the coaches and LiRFs who are offering sessions or helping out on or off the track, and to Jamie for co-ordinating them all.

## General Secretary's Report

Roger Pritchard has placed club documents in the storage area at Palmer Park.

We are continuing to monitor Friday night attendances. Attendance at last Friday's track session were:

- 10 Reading Roadrunners including coach.
- 15 Reading Joggers including coach.
- 10 University students including coach – plus three spectators.

The university have had their last session before their summer break. David also said that their team captain was moving on and was expecting to hear from the new team captain in the new academic year.

We were approached by Carl Woffington for volunteers for the Great City Race. Unfortunately, this coincides with our Summer Relays event, so we had to decline.

## Treasurer's Report

The May club accounts show a surplus of £9.7k. This is primarily from the Shinfield race income of c.£16.3k. Chris is working through the final profit position for the race with Colin Cottell, but it is expected to be quite healthy. Profits will then be donated to charity in-line with previous years.

Other notable items are the £960 for a kit re-order as we're running low on some sizes/items - this stock will go straight into Up & Running for members to buy.

Sheeplands storage account now closed, with initial deposit of £257 returned to the club, well done to all involved in clearing this down – a significant saving on-going!

## Membership Secretary's Report

11 new members 460. We are therefore approaching the break-even position of 485.

## Social Secretary's Report

Kerri has done some research with those that attended the Awards night, and most people favour having the handy town centre location of the Penta. I've contacted them to ask them to remedy the issue of a lack of vegetables and will work with them for a better menu choice for next year. I've also asked that we are not subject to a minimum of 100 diners and aim for 80. Hopefully they will get back to me before the meeting.

The band are £900 so if the Committee vote to not to fund the band it would take the price per head to an extra £11.25 each - plus £45 for the food - Total - £56.25 per person. I think this would put people off coming personally.

Other updates:

- July - I've planned a Summer Games night in the park, no cost easy to organise, should be fun!
- August - Still taking names for the Day trip to Bognor - 29 people have confirmed the Coach. This is very positive, and I think we can fill a 40-seater coach- I'll get an adjusted quote for this again hopefully by the meeting tomorrow.
- September - The charity is having a bingo fish and chip night so I'm not booking anything else in, to give this a good chance of attendance from members.
- October - Day at Ascot Races and Beer Festival & a potential Go Karting Evening.
- November - Nothing planned as yet.
- December - Keen to hear the Committee's views on this and keeping things simple to organise.



## Coaching Report

Art discussed athlete-to-coach ratios with Lyndsey Jarman at Marsh who confirmed that the ratio should generally be in line with UKA ratios of 1:10, while an occasional e.g., 1:40 may be OK, this would be considered a factor in the event of a claim "why were you operating outside guidelines".

Art and Tony had four members in their group last week. Tony is happy to continue coaching with low numbers.

Kerri's beginners running course commences 30th August which runs for six weeks - a great initiative from one of our newest coaches.

## Website/Social Media

Kaleigh presented her overview/plans for the year with regards to social media. She asked for tweaks/suggestions.

Outstanding actions:  
Still need to meet with Angharad regarding Facebook. Need to sort out access to Twitter.

## AOB

- Start time for Thursday outruns

Stuart asked whether Thursday outruns and pub runs should have a common 7pm start time. After some discussion it was decided outruns would remain at 6:30 through out the year. Pub runs have a 6:30 meet up time to allow for food orders, briefing, photographs and general chit-chat. Stuart presented the schedule of Thursday member runs for the summer, which is complete except for a couple of runs at the end of August.

- Sid Gibbs

Following the sad news regarding the death of life member Sid Gibbs we discussed a club donation to Berkshire Vision, a memorial plaque, and an obituary in the club newsletter. Any donation would have to be subject to sufficient funds, but the other matters were agreed.

- TVXC Payment

The matter of payments for TVXC races was discussed again. It was decided to keep these payments this year.

**Next Meeting:** 19:00 Tuesday, 11<sup>th</sup> July in Caversham.

*Main Club contact points:*

Chair, Sam:  
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Membership Secretary, Ian:  
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Secretary, David:  
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Treasurer, Chris:  
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Kit Manager, Dean Allaway:  
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## Get Into Running

Kerri French

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Want to start running from scratch?

We are starting a 6-week course aimed at complete novices run by qualified Leaders in Running Fitness.

The fun and inclusive course is designed for people who want to start running but feel a running club is a stretch too far or too daunting.

To sign up email us here at [getintorunning@readingroadrunners.org](mailto:getintorunning@readingroadrunners.org).

**WANT TO LEARN TO RUN FROM SCRATCH?**

**READING ROADRUNNERS**  
PRESENT

**GET INTO  
RUNNING**

**WEDS & FRI: 6.30 - 7.30 PM**  
**STARTING WEDS 30 AUGUST**  
PALMER PARK STADIUM WOKINGHAM ROAD

**SIX WEEK  
FREE TRIAL  
FOR BEGINNERS**

**SIGN UP BY EMAIL -  
GETINTORUNNING@READINGROADRUNNERS.ORG**

## Sidney Robert George Gibbs 1929 - 2023

**Toni McQueen (with thanks to Sid's son Andrew and daughter Sarah)**

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Sid or Sonney as he was known as a kid was the youngest child of Sidney and Lucy born in 1929. He had two older sisters and they all resided at 73 Carlisle Avenue Southall.

Sid was a keen boy scout all the way through to being a Rover scout and became a leader. Whilst on a scout camp during the war a Wellington bomber whose crew had bailed out crashed in the woods near to the camping scouts. Boys being boys all charged to the crash site and started stripping the plane of anything they could remove with their various knives and tools, well that was until they were chased off by the Police and Army when they arrived. Andrew his son still has an 8 day clock from the instrument panel that Sid managed to remove, and a tin of shrapnel Sid had collected from his neighbourhood streets after various night time London bombing raids.

Sid's mother Lucy wouldn't have an air raid shelter. She said they were ugly things, so Sid often slept under the table, not unusual during the war you might think, but this table was a billiard table. Sid senior, being an ex-military man, would often bring back from the pub young soldiers, waifs and strays on leave for a game of billiards. The room would be full of cigarette smoke and banter with Sid possibly asleep below. Not sure if it was the lure of a game of billiards with an old soldier or the fact that Sid had two older sisters that brought the young soldiers to the house.

Sid started work, as he would often remind you, at the age of 14. He started an engineering apprenticeship during the latter years of the war. The company made parts for the undercarriage of Lancaster Bombers. The factory was staffed by women whose men folk were away at war. Sid was often used to transfer blueprints between sites on his push bike. He believed that was because German spies would not think that a young lad would be used for such a task; more likely the vivid imagination of the young Sid running away with itself.

Sid was a keen motorcyclist. He was often seen around Southall with his mother riding pillion. As time moved on he progressed to buying a car, a 1933 Morris that he called Frisky, a car that wasn't exactly new then. He travelled to Barcelona with his friend Roger in Frisky. Halfway through France one of the rear leaf springs broke in half, and they managed to find a blacksmith who thought he could fix it. The blacksmith fashioned his repair and off they continued on their journey only for it to break again. They had very little money, often camping by the side of the road so they just continued with Frisky down on one side without any suspension all the way to Barcelona and back. Sid decided to smarten up Frisky later on and hand painted her white. She was left in the garage overnight to dry but when Sid inspected her the next morning she was covered in flies stuck in the paint.

Sid met Betty at a dance at Ealing town hall. They both loved to dance throughout their lives. It wasn't until their 6th date that Betty wore her glasses; Sid said I wouldn't have asked you to dance if I knew you wore glasses! Sid couldn't have been too bothered though as they received a card from Queen Elisabeth on their 60th wedding anniversary.

Sid apparently was always a bit of a show off, and on one of his early visits to Betty's parents Dorothy and Harold he wanted to show how he could pick Betty up, spin her in the air and back down again as if on the dance floor. All they actually managed to achieve was to smash Dorothy and Harold's new ceiling lamps.

Sid and Betty were married in 1956. Initially they lived with Sid's mum while they saved up for a house. They bought a new semi in Langley and moved there in 1959.



Andrew was born in 1962 and Sara, his sister, in 1965. Both have fond memories of that time. Sid was still up to his japes. Andrew says Betty, always a keen baker, used to bake bread and to get the dough to rise would sometimes place the dough in the car on a hot day. Sid had a magnetic temperature gauge attached to the instrument panel of his mk 1 Cortina. Andrew remembers asking him how hot can it get inside the car on a hot day and he came up with this crazy plan. If we can fit lots of people in the car all that body warmth would make it hotter. So we proceeded to get all the local kids together and ram as many into the car as we could, doors closed, windows up and heater on. The car was a writhing mass of sweaty bodies and the temperature reading went off the scale. He would be arrested for child cruelty these days if he did that!

Sid's office moved to Reading so in 1972 they moved to Woodley. By then Sid was working away more often with his job for Gillette, designing production line machines then overseeing their manufacture and installation, be it in Manchester, Boston USA, Berlin, France, Brazil and a long stint in South Africa.

It was on one of his stints working in West Berlin during the height of the 70's cold war that he decided one weekend to take a trip to east Berlin. Off he went through CheckPoint Charlie in his car and spent an informative day visiting the sights of East Germany. It wasn't until much later when he tried to gain entry back into West Berlin that there was a problem. He had left plans and blueprints of the machine he was working on in the boot of the car. When the car was searched by the East German guards at the checkpoint they wanted to know what they were. Sid didn't have any proof of what he did for a living or that he had authority to hold these documents so he was detained in custody overnight. He wasn't released until someone senior from Gillette headquarters in America could vouch for him the next morning.

In his mid 50's Sid took up running and became an enthusiastic and one of the founder members of Reading Roadrunners. Betty used to say I've become a jogging widow due to the amount of his free time he spent running. He used to try and keep his running up wherever he was working, so it was on one of these occasions while working in apartheid South Africa that he had his next escapade. He had just moved into an expat gated community in Springs when he decided to go out for an early morning run. He left the gated residence and started jogging around the local streets. He hadn't been running long when a Police car pulled over to have a word. They said 'what kind of a crazy guy are you running the streets around this neighbourhood'. They produced a long thin blade from the back of the car to show what the local villains used to come up behind the unsuspecting with, paralysing them by severing the spinal cord, robbing them then leaving them for dead! The Police gave him a ride back to the safety of his new home.

A contribution from Roger Pritchard:

I got to know Sid before the club was formed, as he was one of the many runners who attended the Stan Eldon/John London training sessions at Palmer Park, when all we had for changing facilities was two wooden huts in the car park. In 1986, after one of these sessions in one of the huts where we had an urn for tea making, John London put up a sheet of paper on the wall, that asked runners to append their names, if they were interested in forming a new running club based at Palmer Park. John organised a meeting to discuss the new club at the John Rabson Community Centre in South Reading, and those who declared interest were invited, including Sid.

Sid and 41 other runners signed up on that night to the new club, but as yet without a club name. Since that memorable day, Sid was a backbone member, regularly attending the track sessions, entering events wearing a club vest, supporting club events such as the Reading to Devises social relays. Sid was such a staunch supporter of club activities, that even in old age when he could only walk a couple of laps, and almost blind, he would not give up his track sessions. Sid was also a great supporter of Club Charities, being a regular helper at the car boot sales.

As Sid lived locally to me, I would take him home after a track session, for which he was always most grateful, and he would occasionally buy me a drink in the RAC clubhouse after track sessions, for which I was most grateful.

However, whenever I think of Sid, my fondest memory was not in connection with the club or running. Sid knew I was a member of the Thames Valley Ancient Egyptian Society, and he asked if he could attend one of the Society's lectures held at the Coronation Hall Woodley. So, I took Sid along and sat him down near the front, as Sid's sight was not just failing, his hearing was just as bad. When the lecturer (an Oxford Professor) was introduced and began his presentation, the hall fell silent as he spoke. Then, Sid turned to me, and at the top of his voice so that everyone in the hall could hear asked, HAS IT STARTED YET? This may sound like an embarrassing moment, but the hall resounded with laughter and the PA volume was increased to accommodate Sid. The last time I saw Sid was at his 90th birthday held in his garden. I do believe that a picture of the party appeared on the front cover of a club newsletter. [Ed – in June 2019 – picture reproduced below]. Unfortunately, lockdown fell upon us and put an end to Sid's attendance at Palmer Park. Sidney will never be forgotten.



Finally, a story that must go down in Reading Roadrunners folklore history.

Sid was running the Woodley 10K and as is common many of the marshals were people he knew. He was coming up to a junction where the marshal, who was a friend, was holding back the traffic to let the runners pass. He could see that there was some aggravation with a young boy racer that didn't want to stop and wait. This lad had got out of his car and was arguing with the marshal. As Sid ran past he stopped to ask his friend if he needed any help and the boy racer shouted at Sid 'what are you going to do about it Grandad!'

Well, this clearly wound him up so much that he went for the lad knocking him to the ground with a well-placed right hook. He then continued with the race. It wasn't until he reached the finish line that he was greeted by the Police with the boy racer saying he is the one that hit me. The Police then promptly arrested Sid. He was taken to the station where he was interviewed by the Police who took the incident seriously, but could also see the irony of an old man in his 70's getting the better of a young loud mouth. Eventually the Police persuaded the youngster that it wasn't in his interest to take the matter any further.

## Roadrunners' Race Results

### David Dibben

Congratulations to Pete Jewell for setting another RR age group club record with his time of 18.49 in the Vets AC 5k champs at Battersea Park. That took 16 seconds off the previous M60 mark which Pete set last summer and earned him an age grading north of 85 per cent.

At the other end of the distance scale, we once again salute the stunning performance by Gary (125 miles) Tuttle at Endure.

I have only included the solo runners at Endure but we should also tip our hats to Sarah D, Flo, Kat, Nikki and Katherine for their record-breaking effort.

#### May 26th

##### Night of the Mile PBs (race 1)

Pos	Name	Timing
1	Julie Sugden	6.51
2	Charlotte Vach (Uni)	7.25
3	Anusha Kambli (Uni)	7.26
4	Pete Morris	7.31
5	Phil Dale	7.34
6	Nicole Tan (Uni)	7.42
7	Dan Worthey	8.17
8	Natasha Hall	8.27
9	Gordon Manning (Uni)	9.10
10	Tom Harrison	10.57
11	Carl Woffington.	10.59

##### Night of the Mile PBs (race 2)

Pos	Name	Timing
1	Dan Worthey	5.28
2	Jack Holder (guest)	5.49
3	Pip White	5.55
4	Brian May (guest)	5.57
5	Noore Farag (Uni)	6.01
6	Billy Miller (Uni)	6.02
7	Ben Price	6.03
8	Leigh Armstrong	6.10
9	Justin May	6.15
10	Hrushikesk Padhi	6.21
11	David Fiddes	6.27
12	Steve Dellow	6.32
13	Bill Watson	6.32
14	Colin Cottell	6.32

##### Night of the Mile PBs (race 3)

Pos	Name	Timing
1	Liam Dougherty (BF)	4.48
2	Naomi Mitchell (RAC)	4.54
3	Callum Evans	4.56
4	Brendan Russell	4.57
5	Dimi Gospodinov	4.59
6	James Armstrong	5.05
7	Dan Zagya	5.07
8	Jack Bartlett (Uni)	5.08
9	Henry Burden (Uni)	5.14
10	Jordan Meikle (Uni)	5.24
11	Jamie Smith	5.34
12	Richard Mason (Fetch)	5.40



13	Jake Dellow	5.41
14	Pete Jewell	5.44
15	Alex Squire	5.46
16	Marco McKerlie	5.52
17	Jon Green	6.04
18	Hrushikesh Padhi	6.21

**May 28th**Edinburgh Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1599	Tony Page	3:43.00

Edinburgh Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
6095	Sam Whalley	2:07.07

Newbury 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
188	Colin Cottell	48.00
810	Tom Harrison	75.52

**June 3rd**Dartmoor Discovery Ultra (32 miles)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
107	Dean Allaway	6:06.39

**June 4th**Dorking 10 (club champs)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
103	Tony Page	1:07.02
112	Jake Dellow	1:08.10
144	Alan Freer	1:11.28
157	Ann Rostern	1:12.11
175	Chris James	1:13.27
260	Mark Allen	1:20.50
264	Steve Dellow	1:21.24
281	Andrew Webber	1:23.31
331	Tim Miller	1:30.40

Green Park 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
4	Mark Worringham (1st M40)	34.06
8	Chris Lucas	34.44
11	Seb Briggs	35.14
16	Chris Burt	36.01
18	Callum Evans	36.07 PB
19	Keith Russell	36.21
24	Brendan Russell	36.51 PB
31	Dimi Gospodinov	37.40 PB
44	Chris Webber	39.23

61	Carrie Hoskins (1st W50)	40.41
67	David McCoy	41.00
74	Richard Hallam-Baker	41.38
77	Jamie Smith	41.49
83	Justin Simons	42.00
88	Helen Pool (2nd W40)	42.33
115	Mike Saxton	44.19
127	Chloe Lloyd	45.09
138	Jon Green	45.27
148	Loretta Briggs	45.52
181	Julie Rainbow (3rd W50)	47.20
255	Brian Fennelly	50.04
273	Joe Blair	51.02
302	Pete Morris	51.46
309	Sarah Harford	52.35
340	Claire Woodhouse	53.43
341	Kayleigh Forbes	52.26
361	George Nyamie	53.43
458	Nat O'Brien	57.44
499	Sarah Richmond-Devoy	58.54
511	Rebecca Simons	59.47
528	Amelia Busby	59.35
550	Rob Bursell	1:01.22
652	June Bilsby	1:05.15
701	Kirsten Bishop	1:07.59
817	Trisha Arnold (1st W70)	1:17.13
852	Julie Wing (2nd W70)	1:25.33
877	Stephen Wing	1:37.14

**June 6th**Vets AC 5k championships

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
35	Pete Jewell (3rd M60)	18.49
50	Helen Pool	20.16
80	Eddie Thorpe (1st M75)	26.45

**June 7th**Yateley 10k (race 1)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
6	Dan Moore	34.35
8	Olly Poole	36.01
10	Joe Bend	36.17 PB
11	Chris Moseley (2nd M40)	36.30

67	Gareth Griffiths	42.46
72	Clive Alderson	43.13
81	Ian Giggs	43.52
107	Chris Dench	46.27
136	Paul Carter	47.53
155	Fiona Kingston	48.44
156	Celia Meacham	48.46
161	Wayne Farrugia	49.05
186	Jane Dench	50.08
414	Angelique Haswell	62.29

**June 10th**Endure 24

<i>Pos</i>	<i>Name</i>	<i>5m laps</i>
2	Gary Tuttle	25
540	Pete Morris	10
551	Jo Sollesse	10
552	Tony Streams	10
600	Donna Saunders	9
627	Trisha Arnold	8
620	Sarah Richmond-Devoy	8
710	Amanda Rosser	5
729	Kathy Tytler	4
730	Linda Wright	4

Berkshire Schools Champs U20 3000m

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
2	Brendan Russell	10.02.3

**June 11th**Swansea Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
250	Eoin McLeod	1:36.30

Wytham Woods 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
15	Mike Turner-Hibberd	43.22

**June 17th**Cliveden 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
18	Edwina McDowell (1st V50)	46.22
219	Sarah Harford	1:03.44

Cumnor 5k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
10	Mike Turner-Hibberd	18.52

**June 18th**Hampshire Hoppit Half Marathon (club champs)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
8	Chris Webber (3 <sup>rd</sup> M50)	1:40.46
26	Chris James	1:52.47
27	Ian Giggs	1:53.24
33	Ann Rostern (2 <sup>nd</sup> W50)	1:56.43
107	Julie Sugden	2:15.16
109	Gary Clarke (3 <sup>rd</sup> M60)	2:16.44
115	Mark Allen	2:18.22
121	Joe Blair	2:20.45
241	Bryan Curtayne	2:41.41
245	Andy Atkinson	2:42.01
254	Christina Reay	2:44.41
292	Caroline Hargreaves	2:55.13
305	Phil Reay	2:58.41
360	Linda Wright	4:17.45

Hampshire Hoppit Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
106	Hrushikesh Padhi	5:04.21
165	Caroline Jackson	5:45.34
166	Paul Monaghan	5:45.35
181	Pete Morris	6:01.22
207	Martin Bush	6:22.38

Midnight Sun Marathon (Tromsø, Norway)

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
30	James Chandler (above)	3:02.40

Newbury Racecourse Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
4	James Armstrong	1:27.28

Leeds 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
610	Renée Whalley	47.53