

**VETERANS LEAGUE, Western Division  
TIMETABLES 2023**

**Match 1 - Monday 24<sup>th</sup> April, Horspath, Oxford**

18.30	100m (M) 35A, B, 50, 60	Shot (M) 35, 50	Long J (W) 35, 50	Hammer (W) 35, 50
18:50	100m (W) 35A, B, 50, 60			
19.10	3000m s/c (M) 35A B, 50, 60	High J (M) 35, 50	Hammer (M) 35, 50, 60	
19.30	400m (M) 35 A, B, 50			
19.45	400m (W) 35 A, B, 50	Long J (M) 35, 50, 60		
20.00	1500m (M) 35A, B, 50, 60			
20.10		High J (W) 35, 50, 60	Javelin (W) 35, 50, 60	
20.15	1500m (W) 35A, B, 50, 60			
20.40	4 x 100m Relay (M)			
20.50	4 x 100m Relay (W)			

**Match 2 - Tuesday 9<sup>th</sup> May, Tilsley Park, Abingdon**

18.30	2000m Walk (M) 35, 50, 60 [35A only]	Discus (M) 35, 50, 60	Triple J (W) 35, 50	Pole V (M) 35, 50 Pole V (W) 35, 50
18:50	2000m Walk (W) 35, 50, 60 [35A only]			
19.10	200m (M) 35A, B, 50, 60	Shot (W) 35, 50, 60		
19.30	200m (W) 35A, B, 50, 60	Javelin (M) 35, 50		
19.45	800m (M) 35A, B, 50, 60	Discus (W) 35, 50		
20.00	800m (W) 35A, B, 50, 60	Triple J (M) 35, 50		
20.15	5000 (W) 35A, B, 50			
20.45	4 x 400 Relay (M)			
20.55	4 x 400 Relay (W)			

**Match 3 – Thursday 15<sup>th</sup> June, Tilsley Park, Abingdon**

18.30	2000m Walk (W) 35, 50, 60 [35A only]	Hammer (M) 35,50	Long J (W) 35, 50, 60	High J (M) 35, 50, 60
18.50	2000m Walk (M) 35, 50, 60 [35A only]			
19.10	1500m (M) 35A, B, 50	Javelin (W) 35, 50		
19.30	1500m (W) 35A, B, 50	Long J (M) 35, 50		
19.50	200m (M) 35A, B, 50, 60			
20.10	200m (W) 35A, B, 50, 60	Shot (M) 35, 50, 60	Hammer (W) 35,50, 60	High J (W) 35, 50
20.25	5000m (M) 35A, B, 50, 60			
20.55	Medley Relay (W)			
21.05	Medley Relay (M)			

**Match 4 – Sunday 2<sup>nd</sup> July, Palmer Park, Reading**

18.30	100m (M) 35A, B, 50	Discus (M) 35, 50	Shot (W) 35, 50	Pole V (M) 35, 50 Pole V (W) 35, 50
18.50	100m (W) 35A, B, 50			
19.10	800m (M) 35A, B, 50	Triple J (M) 35, 50,60		
19.30	800m (W) 35A, B, 50			
19.45	400m (M) 35 A, B, 50, 60	Discus (W) 35, 50, 60	Javelin (M) 35, 50,60	Triple J (W) 35, 50, 60
20.05	400m (W) 35 A, B, 50, 60			
20.25	3000m (M) 35A, B, 50, 60			
20.40	3000m (W) 35A, B, 50, 60			
21.00	4 x 200 Relay (M)			
21.10	4 x 200 Relay (W)			