

Reading Roadrunners

Cross Country Club Championship Rules

1. Background

The Club traditionally participates in two long-running XC leagues: Thames Valley (TVXC) and Hampshire (HantsXC).

The Club shall operate a combined annual XC Championship, together with the Marathon Championship and the main Club Championship.

2. Participation

Members shall be enrolled into the XC Championship automatically upon returning a valid result in any race in either league. For a race result to be valid and count towards the competition, the member shall have run in the official Club colours and paid the prevailing race entry fee, where applicable. To qualify for inclusion in the final results, members shall have run in a minimum required number of races, comprising at least one TVXC fixture and any other combination of TVXC and HantsXC fixtures, as follows:

Number of fixtures taking place	Participation for inclusion in the Championship
8 or more	5 races
5 - 7	4 races
4 or fewer	Championship cancelled

3. Gender-Age categories

Men and women shall compete only against members in their own gender-age category. The age categories for men and women shall be the same.

The designation of the age categories may vary from year to year at the discretion of the Club Committee.

Initially, the age categories shall comprise:

Senior, Vet 40, Vet 50, Vet 60, Vet 70, Vet 80

A member's age category is fixed for the duration of the Championship, regardless of whether s/he has a birthday during the league and is based on their age on the start date of the Championship.

4. Championship start date

The Championship start date shall be the first of the month in which the earliest race in either league is scheduled to take place, typically this will be 1st October.

5. Scoring system

The member with the lowest finishing position, as recorded on the results page of the respective league website, within each gender-age category shall be awarded 50 points; the next lowest finishing position shall be awarded 49 points, etc.

Once the leagues are complete, the scores shall be aggregated separately in each gender-age category as follows:

- a. Members who have returned fewer valid results than the minimum required number of races shall be disqualified.
- b. Members who volunteer at the Club's home fixture and hence are prevented from competing in the race shall be compensated, as laid out below.
- c. A member's score shall be calculated as the sum of the member's scores in the minimum number of required races.

If the Club hosts a home fixture in a league, members who volunteer to help stage the event shall be awarded points as if they had run the event. The number of points allocated to each member shall be their average number of points earned across all other races they have run in that league.

6. Trophies

A trophy shall be awarded to those members placed first, second and third in each gender-age category in the Championship. If there is a tie for third place in a category, four or more trophies shall be awarded within that category.

The nature of the trophy is at the discretion of the Club Committee.

7. Participation award

In addition to trophies, any member who returns a valid result in 8 races in the TVXC league, or across both leagues, shall receive a participation award. Volunteering for a home fixture shall count towards the minimum race requirement and towards the separate participation award.

8. Team award

Should the Club win either league, each member who qualified for the Championship and ran any race in that particular league shall receive a memento of the team's success.

Volunteering for a home fixture shall count towards qualification for the team award.

9. Applicability

The rules as stated herein shall apply from the start of the 2022-23 XC season.