

Roadrunners' Race Results

David Dibben

This month's intro comes to you courtesy of men's captain TONY PAGE...

Like many of you I've spoken to, I will miss the mud and buzz around a XC weekend, with the TVXC and Hants League drawing to a close. Well done to everyone who took part!

I'm looking forward to getting back to road races and the marathon. I was proud to see so many green vests running at Wokingham half marathon on Sunday and to hear afterwards of all of the PBs. Well done to you all for all of your hard work!

This coming month we will see the first race in the club champs with the Goring 10K on March 15th. Do sign up if you can; it is a friendly local race and is a good way to meet fellow Roadrunners.

Also we have the spring road relays coming up at Milton Keynes on March 27th and ladies' captain Liz Johnson and I are keen to enter at least one men's team (12 runners) and one ladies team (six runners). The legs are either about 4.8k or 7.2k so will fit in with most training plans and will be a chance to see where you are at the shorter distances. We still need more runners, so please sign up on Facebook or contact Liz or myself — Tony.

January 22nd

Berkshire Schools Cross-Country Championships

Under 19 Boys

<i>Pos</i>	<i>Name</i>	<i>Gun</i>
10	Jacob Atwal	26.12

Box Hill Fell Race

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
20	Tony Page	1:04.33
63	Dimitar Gospodinov	1:10.46

January 23rd

Farnborough Winter Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
178	Matt Davies	1:29.18
328	Andrew Butler	1:38.24
346	Jon Green	s:39.34 PB
398	Sam Hammond	1:41.54
409	Alan Thomas	1:42.16
436	David Dibben	1:43.27
512	Ben Fasham	1:47.09
526	Bryan Curtayne	1:47.34
896	Alex Bennell	2:06.07

Farnborough Winter 5k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
23	Dan Manton	28.39
85	Gill Manton	39.13

Winchester Off-Road Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
5	Fergal Donnelly (2nd M40)	1:29.15

Winchester Off-Road 14.5k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
113	Caroline Hargreaves	1:45.17

January 30th

Thames Valley XC League (race 6, Handy Cross)

<i>Pos</i>	<i>Name</i>	<i>Gun</i>
7	Sibrand Rinzema	34.21
8	Ben Paviour	34.29
15	Tony Page	35.38
20	Jacob Atwal	36.09
28	Matthew Sarjent	36.52
33	Lance Nortcliff	37.33
58	Oliver Atwal	38.51
68	Richard Usher	39.15
71	Gavin Rennie	39.33
77	Ian Giggs	39.53
80	Andy Blenkinsop	40.03
95	Jamie Smith	41.15
103	Mike Worsfold	41.34
139	Alan Freer	43.51
153	Bruce Sarjent	44.16
169	Dean Allaway	44.56
177	Tom Wright	45.30
183	Stephen Bailey (guest)	45.45
184	Jon Green	45.46
185	David Fiddes	45.47
192	Martin Douglas	46.04
194	Dan Rickett	46.10
198	Ben Ganpatsingh	46.24
211	Steve Payne (guest)	47.09
216	Riannon Bailey (guest)	47.26
221	Tom Silk (guest)	47.47
230	Swinda Falkena	48.08
235	Bryan Curtayne	48.30
249	Chris James	49.36
257	Liz Ganpatsingh	50.05
269	Brian Fennelly	50.47
277	Art Atwal	51.35
297	Sam Whalley	53.03
299	Gary Clarke	53.14
307	Gemma Higgs	53.35
308	Toni McQueen	53.40
315	Eddie Thorpe	54.11
325	Alex Bennell	55.23
327	Stuart Lunn	55.34

339	Andy Atkinson	56.59
360	Peter Higgs	1:00.21
363	Christina Calderon	1:01.02
371	Shweta Saikumar	1:02.03
372	Claire Seymour	1:02.08
379	Amy Fancourt	1:03.55
382	John Bailey	1:03.58
391	Sally Caldwell	1:05.27
392	Phil Reay	1:05.31
402	Lorraine Bailey	1:08.44
404	Liz Atkinson	1:10.24
405	Kerri French	1:11.40
411	Sophie Higgs	1:18.57
415	Linda Wright	1:22.56

RR men's scores: 7 Rinzema, 8 Paviour, 15 Page, 20 J Atwal, 28 M Sarjent, 33 Nortcliff. **RR men: 1st.**

RR ladies' scores: 46 Falkena, 54 Ganpatsingh, 71 Whalley, 78 G Higgs. **RR ladies: 10th.**

Overall: RR 5th.

St Aidan's Winter Beast (Leeds, 6.7miles)

Pos	Name	Chip
44	Helen Pool (3rd W40)	52.04

February 2nd

Dinton Night Race

Pos	Name	Chip
11	Alan Freer (1st M60)	1:08.33 (4 laps)
12	Martin Douglas (3rd M50)	1:08.54 (4 laps)
23	Pete Morris (2nd M60)	1:16.13 (4 laps)
52	Nicky Gillard	1:08.22 (3 laps)
53	Sarah Richmond-Devoy	1:08.22 (3 laps)
68	Caroline Hargreaves	1:14.06 (3 laps)
90	Celia Hoskins	1:02.20 (2 laps)

February 5th

Pilgrims Challenge Day 1 (33 miles)

Pos	Name	Chip
203	Christina Calderon	8:33.37
204	Phil Reay	8:33.38

February 6th

Pilgrims Challenge Day 2 (33 miles)

Pos	Name	Chip
159=	Christina Calderon	10:15.09
159=	Phil Reay	10:15.09

Dorney Lake 10k

Pos	Name	Chip
3	Joe Bend	37.37
100	Angharad Ross	58.56

Dorney Lake Half Marathon

Pos	Name	Chip
155	Phil Sharman	2:07.31

Watford Half Marathon

Pos	Name	Chip
58	Fergal Donnelly	1:23.55

Oxfordshire Cross Country League (race 4)

Pos	Name	Gun
48	Brendan Morris	34.31

February 13th

Barnes Winter Series (race 4)

Pos	Name	Chip
2	Chris Webber (1st M50)	31.45
28	Chris Manton	42.43
29	Katie Gambrel	42.48
33	Sam Whalley (2nd W50)	43.11
46	Sarah Bate (1st W60)	45.29
64	Sandy Sheppard	49.34
65	Dan Manton (1st U20)	49.35
79	Kevin Strong	53.02
99	Trisha Arnold (2nd W70)	58.26

Series overall: 16 Chris Manton, 19 Katie Gumbrell, 26 Sarah Bate, 35 Sam Whalley, 43 Sandy Sheppard, 58 Kevin Strong, 77 Trisha Arnold.

Wiltshire 10k

Pos	Name	Chip
18	Fergal Donnelly	1:02.04 PB
76	Helen Pool	1:09.54
250	Pete Morris	1:32.53

Welwyn Garden City 10k

Pos	Name	Chip
53	Aga Faulkner	45.37 PB
54	Ryan Faulkner	45.39

Devil's Punchbowl 20

Pos	Name	Timing
1	Alan Freer	3:15.0

February 19th

Hampshire XC League (race 4, Popham)

Women's race

Pos	Name	Timing
27	Hannah Green	28.47
47 (12)	Helen Pool	30.48
61	Chloe Lloyd	32.04

66 (23)	Emma Paton	32.34
87	Katie Rennie	34.46
91 (39)	Sam Whalley	35.13
107 (51)	Claire Seymour	41.58
114 (57)	Cecilia Csemiczky	53.11

RR ladies: 10th. **Season:** 9th=.

RR vet ladies: 6th. **Season:** 3rd.

Individual vets: Sarah Dooley 5th=,
Helen Pool 8th.

Men's race

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
31 (3)	Ben Paviour	40.46
40	Dave Bourton	41.27
43	Sibrand Rinzema	41.44
51 (6)	Mark Worringham	42.03
59 (10)	Tony Page	42.46
67	Ben Ashby	43.50
83 (22)	Lance Nortcliff	44.59
96	Matthew Sarjent	45.46
121	Jamie Smith	48.01
140 (53)	Pete Jewell	50.19
164	Tom Wright	53.24
181 (86)	Kevin Brooker	55.32
196 (97)	Bruce Sarjent	58.37
203 (104)	Stuart Lunn	63.46

RR men: 5th. **Season:** 8th.

RR men vets: 1st. **Season:** 5th.

Individual vets: Tony Page 9th.

February 20th

Seville Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1580	Chris Webber	3:08.21 PB
1638	Sarah Dooley	3:09.25 PB
1860	Brooke Johnson	3:13.17
2417	Dan Brock	3:20.45
2469	David Clay	3:21.09 PB
4176	Carmen Fuentes	3:43.36 PB
4543	Elizabeth Johnson	3:49.10
4637	Caroline Jackson	3:51.04
4788	Paloma Crayford	3:51.02 PB
5396	Angela Burley	3:59.38
7325	Martin Bush	5:00.56
7380	Phil Reay	5:07.07
7381	Christina Calderon	5:07.08

Seville 5k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
375	Paul Monaghan	31.14

Winchester 10k

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
15	Fergal Donnelly	38.11

February 26th

English National XC Championships

Senior men's race

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
260	Jack Gregory	49.05
513	David Boulton	52.55
613	Tony Page	53.58
867	Ben Ashby	57.41
933	Matt Davies	58.33
1049	Olly Watts	1:00.08
1061	Lance Nortcliff	1:00.19
1189	Jamie Smith	1:02.05
1355	Oliver Atwal	1:04.34
1700	Toby Walker	1:10.48
1781	Ian Giggs	1:12.36
1910	David Fiddes	1:16.42
2067	Pete Morris	1:32.35

* Top six scorers put RR men in 61st place

Junior men's race

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
202	Jacob Atwal	45.38

Senior women's race

<i>Pos</i>	<i>Name</i>	<i>Timing</i>
197	Hannah Green	36.40
436	Chloe Lloyd	41.21
615	Sarah Alford	44.55
696	Kaja Milczewska	46.50
746	Rachel Sliney	47.56
796	Katie Rennie	49.16

* Top four scorers put RR women in 55th place



February 27th

Wokingham Half Marathon

<i>Pos</i>	<i>Name</i>	<i>Chip</i>
91	Keith Russell (above)	1:15.13
115	Sibrand Rinzema	1:16.26
261	Joe Bend	1:21.30
292	Gareth Goodall	1:22.26 PB
340	Alex Harris	1:24.17

351	Dimitar Gospodinov	1:24.25 PB	1852	Rob Bursell	1:57.52
363	Terry Dowling	1:24.36	1915	Amelia Busby	1:57.31
387	Katherine Sargeant	1:25.28 PB	2048	Sarah Bate	2:05.14
395	Carrie Hoskins	1:25.32	2058	Moira Allen	2:05.03
424	Markus Orgill	1:26.28	2081	Eddie Thorpe	2:08.53
428	Sam Skerratt	1:26.29	2126	Shweta Saikumar	2:07.43
440	Jake Dellow	1:26.56 PB	2139	Julie Sugden	2:08.02
446	Richard Usher	1:27.04	2141	Tim Miller	2:10.36
465	Gavin Rennie	1:27.38	2250	Sarah Richmond-Devoy	2:11.20
480	Grant Hopkins	1:28.00	2300	Rita Dykes	2:16.13
579	Nikki Gray	1:30.18	2378	Ian Whitburn	2:17.15
668	Kenny Heaton	1:32.54	2434	Jenny Boxwell	2:20.00
704	Liang Guo	1:33.58	2448	Stephanie Smith	2:20.39
709	Tony Streams	1:34.07	2467	Katie Macauley	2:21.36
728	Daniel Worthey	1:34.04	2503	Andy Atkinson	2:25.14
779	Douglas Simmonds	1:35.53	2504	Liz Atkinson	2:25.14
797	Alan Freer	1:36.32	2505	Pete Morris	2:24.27
830	Chris James	1:37.08	2637	Linda Wright	2:45.09
890	Sophie Hoskins	1:38.24	2638	Adele Graham	2:47.49
936	Sam Hammond	1:38.51	2640	Cecilia Csemiczky	2:45.10
952	Aga Faulkner	1:38.59 PB	2657	Sue Jones	2:51.28
954	David Walkley	1:39.09 PB	2669	Peter Higgs	2:57.46
1004	Ian Giggs	1:40.59	2670	Sophie Higgs	2:57.46 PB
1023	Kevin Jones	1:41.46	2681	Colin Wilson	3:01.35
1054	Alan Thomas	1:41.48	2683	Gill Manton	3:02.08
1068	Swinda Falkena	1:41.46 PB	2684	Anthony Eastaway	3:02.07
1084	Caroline Jackson	1:42.55	2689	Kathy Tytler	3:06.49
1091	Martin Douglas	1:42.36			
1092	Claire Marks	1:42.39			
1114	Bruce Sarjent	1:42.28	<u>Tarpley 20</u>		
1120	Tom Patmore	1:42.45 PB	<i>Pos</i>	<i>Name</i>	<i>Chip</i>
1129	Luke Ballard	1:43.18	77	Fergal Donnelly	2:32.14
1139	Helen Campbell	1:43.27			
1153	Nora Holford	1:44.15			
1175	Jonathan Ridley	1:43.51			
1200	David Dibben	1:45.20			
1226	Julie Rainbow	1:46.21			
1254	Dean Allaway	1:47.41			
1264	Martin Jones	1:47.57			
1307	Ben Fasham	1:47.59			
1330	Sarah Harford	1:48.01			
1338	Chris Manton	1:48.02			
1370	David Leake	1:48.32			
1382	Brian Fennelly	1:48.53			
1390	Stuart Wylie	1:49.41			
1505	Peter Reilly	1:52.27			
1515	Gary Clarke	1:51.45			
1540	Steve Dellow	1:53.19			
1611	Calum Baugh	1:53.49			
1630	Bryan Curtayne	1:54.28			
1657	Claire Rayner	1:55.16			
1704	Lee Hinton	1:55.48			
1782	Phil Sharman	1:56.06			
1785	Laura Berry	1:57.35			
1797	Colin McCarlie	1:59.58			
1831	Catherine Leather	1:58.16			