

**TEAM RACES**  
(excluding usual TVXC and Hampshire League XC fixtures)

<b>Date</b>	<b>Event</b>	<b>Team Details</b>	<b>Venue</b>
Saturday January 25 <sup>th</sup>	Southern XC Championship	Teams of 6 men and 4 women (Entries now closed)	Parliament Hill
Saturday February 22 <sup>nd</sup>	National XC Championship	Teams of 6 men and 4 women	Nottingham
Sunday March 22 <sup>nd</sup>	Southern Spring 12/6 Road Relays (men's team qualifier for Nationals)	Teams of 12 men and 6 women	Milton Keynes
Saturday April 4 <sup>th</sup>	National Spring 12/6 Road Relays	Teams of 12 men and 6 women – men's team has to qualify	Sutton Coldfield (TBC)
Saturday May 16 <sup>th</sup>	British Masters Road Relays (over 35s)	Teams of 3-6 men/women in 35/45/55/65 age groups	Sutton Coldfield
Sunday June 28 <sup>th</sup>	Ridgeway Relay	Mixed teams of 10	Ivinghoe Beacon to Marlborough
Saturday July 4 <sup>th</sup>	Runnymede Relays	Teams of 6	Windsor Great Park
Sunday September 20 <sup>th</sup>	Southern Road Relays (men's team qualifier for Nationals)	Teams of 6 senior men and 4 vet men/senior women/vet women	Crystal Palace (TBC)
Saturday October 3 <sup>rd</sup>	National Road Relays	Teams of 6 men and 4 women - men's team has to qualify	Sutton Coldfield (TBC)
Saturday October 17 <sup>th</sup> (TBC)	Southern XC Relays	Teams of 4 men and 3 women	Wormwood Scrubs (TBC)
Saturday October 24 <sup>th</sup>	British Masters XC Relays (over 35s)	Teams of 3-6 men/women in 35/45/55/65 age groups (TBC)	Nottingham
Saturday October 31 <sup>st</sup> / November 7 <sup>th</sup> (TBC)	National XC Relays	Teams of 4 men and 3 women	Mansfield (TBC)
Sunday November 15 <sup>th</sup> (TBC)	Berkshire, Buckinghamshire & Oxfordshire XC Championship	Teams of 6 senior men, 4 vet men, 3 women/vet women	TBC
Saturday December 5 <sup>th</sup> (TBC)	Southern Masters XC Championship (over 40s)	Teams of 3 vet men/women in 40/50/60 age groups	Oxford (TBC)
December (TBC)	Berkshire XC Championship	Teams of 6 senior men and 3 vet men/senior women/vet women	TBC

Add these dates to your diaries/race schedules,  
and email [teamcaptains@readingroadrunners.org](mailto:teamcaptains@readingroadrunners.org),  
or speak to Jamie or Sam, if you are interested.