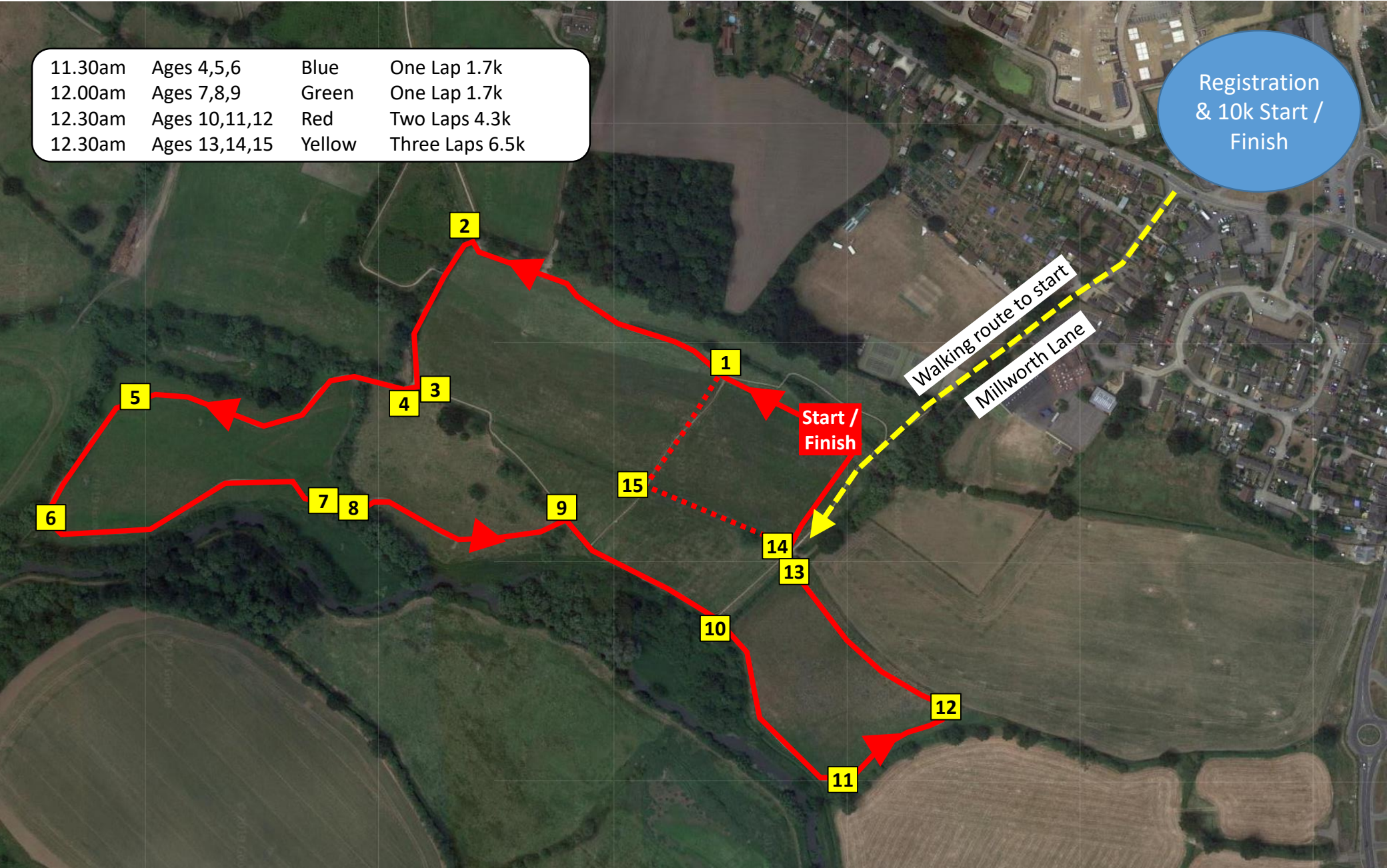


11.30am	Ages 4,5,6	Blue	One Lap 1.7k
12.00am	Ages 7,8,9	Green	One Lap 1.7k
12.30am	Ages 10,11,12	Red	Two Laps 4.3k
12.30am	Ages 13,14,15	Yellow	Three Laps 6.5k

Registration  
& 10k Start /  
Finish



Walking route to start  
Millworth Lane

Start /  
Finish

