



READING ROADRUNNERS NEWSLETTER MAY 2014

Even Kerri couldn't quite get Mo to his first

London Marathon win, but what a great photo to have! Once again, the support from the Roadrunners marshal points at Rotherhithe and Tower Hill put those of us who only had to run 26-odd miles to shame. It's also a testament to the spirit of the club that we filled two coaches - one with runners and another with volunteers, so please give yourselves all a big pat on the back.

This month saw the culmination of Colin and the Shinfield committee's efforts. They managed to get a record number of runners onto the start line as well of scores of future athletes entering the children's races.

Elsewhere this month we have had the Cross Country Awards evening, the beginning of the Vet's Athletics League and a couple of very special landmarks that have been reached...

INSIDE THIS MONTH:

- **MEET THE NEW MEN'S CAPTAIN**
- **MARTIN'S 700 UP**
- **SAD CLUB MILE**
- **EDITOR'S NEW HAT**





Reading Road Runners chosen charity for 2014 is Alexander Devine Children's Hospice Service

Alexander Devine Children's Hospice Service is a local charity working to build Berkshire's first hospice for children and already provides Alexander's Nurses, a team specialising in children's palliative care and working with families across Berkshire in their homes and, uniquely, these nurses also follow the child when they go into hospital either for a planned procedure or, often, at a time of crisis.

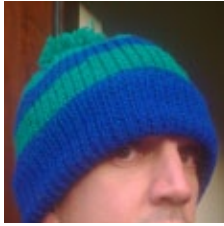
They are campaigning to raise £5m to build the actual children's hospice, they have the site – near Cox Green – they have planning permission and hope to have enough money to start building this autumn.

You can like their Facebook page to find out how supporters are raising money for them - search for AlexanderDevineHospice.



Alexander Devine Children's Hospice Service,
113 Whitby Road, Slough, Berkshire, SL1 3DR
Tel: 01753 567630 | 0845 055 8276 |
www.alexanderdevine.org | Charity No. 1118947





Welcome from the Editor

CHRIS CUTTING

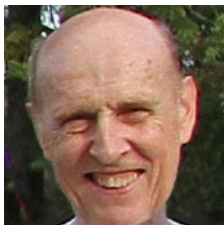
I was going to ban all mention of that big race in London in this month's newsletter as I thought I'd be injured and wouldn't be able to run. The running gods deemed me fit enough to get round however (with a little help from my slightly more mortal coach) and I now have a very fetching '26.2' beanie hat from Simon (one of several items of headwear I've acquired this month).

I know we have a few club members for which

marathons are a weekly occurrence, but my first one felt like a real occasion, made all the more special by the cheers from various Roadrunners (honorary mentions to Ann and Derek) around the course.

It's worth remembering that races couldn't happen without volunteers turning up week in, week out and the London Marathon is a massive example of that.

Very well done to you all,
Chris



Chairman Chat

CARL WOFFINGTON

The last month has been extremely busy.

The London Marathon took place on Sunday 13th April. Well done to all that ran. RR took 66 marshals to London and operated two marshal teams. One team at Rotherhithe and one team at the Tower of London. There were no problems that we couldn't handle and the race went very well for us. Thank you to all that marshalled.

The Spring Do took place on Saturday 26th April. Some trophies for both the Summer and XC Championships were presented. The food and disco were good. There were lots of happy smiling faces and lots of nice comments afterwards. Everyone had a good time. Several members provided raffle prizes, thank you. The disco gave us a discount. Top Table provided the fish 'n' chips and gave us a £20 charity donation, thank you. Barnes Fitness donated race entries as a raffle prize, thank you Ellie. Michelle Wilson donated a Sports Massage as a raffle prize, thank you Michelle. Brian ran the raffle, thank you. Lastly, a huge thank you to Tina for organising the whole thing.

The Shinfield 10k took place on Monday 5th May. The weather on the day was excellent and seemed to bring out plenty of EOD's. There were 760+ finishers. Plenty of good comments from runners on Social Media afterwards. Thank you to Colin, Tom and all the organising team. Also the marshals - you were great, providing plenty of vocal support. There was also a group of RR spectators from the bend into the finish straight and along to the finish - excellent support, thanks.

By the time you read this we will have held the Roger Bannister Anniversary Handicap Mile. We will also have run the first Pub Run - look out for future dates and venues throughout the summer. On Sunday 25th May we will send 2 teams to the UK 10k Road Champs which is incorporated in the BUPA London 10K. We will also send a team of 20 marshals. Also please check dates of races in the Summer Club Championship and support where you can.

Carl



Men's Captain - Report

KEITH RUSSELL

Hello all!

I have just, as you may have seen from Carl's recent email, taken on the role of men's captain. Please be kind and bear with me as I get to grips with the role.

By way of a quick introduction, I started running in 2007 and joined Roadrunners shortly after the Reading half marathon that same year. I am an unashamed running geek, who loves to watch, read (I have a varied and extensive collection of running books going back to the early 60s) and talk about running (particularly marathons – I probably classify myself more as a marathoner than a runner, if that makes sense), as well as running as much as I can (possibly too much at times). I generally can be found on the track on Fridays, rather than Wednesdays, but am always contactable either via our club Facebook page, the teamcaptains@readingroadrunners.org email address, or my own personal email address keithrussell1@yahoo.co.uk.

If you have ideas for team/club events, etc, or if there is anything I can help with (or even if you just want to say hi), please do drop me a line or grab me at track.

Marathon Season: April tends to bring the start of better weather (we hope), and, with it, spring marathon season. It is highly appropriate that a month with a proliferation of spring marathons sees one of the most prolific marathoners ever (and I do mean ever, not just within our club!) do something incredible. In a club with so many serial marathoners it takes something special to stand out, and Martin Bush's recent achievement of 700 marathons is indeed incredibly special, so my congratulations and utmost respect to Martin on something which is beyond my comprehension! I believe Paul Monaghan has written more on Martin's achievement/700th race elsewhere within this newsletter.

Elsewhere, April saw 21 of our men (by my count) achieve personal bests (including debutants) in London, Manchester and Brighton, with the quickest of the pb' being achieved by Luc Jolly making a very impressive debut in London, being second home for the club behind Rupert Shute. Amongst the rest Andy Mutton broke the 3 hour barrier for the first time whilst Peter Higgs ran a massive pb of over 52 minutes!

Club Championships: With the cancellation of Wokingham in February, April also saw the first event of the club championship with the Maidenhead Easter 10m and a good Roadrunners turnout led home by Robert Tan. The next races up in the championship are Alton 10m on the 11th of May, Kintbury 5m on the 1st of June and Wargrave 10k on the 8th of June. Please remember that to count for the championship you must wear club colours and be registered as Reading Roadrunners.

Berkshire Road Running Championships: If you are running Wargrave you may also be interested to know that it also doubles as the Berkshire 10k championship race. To have a chance of a county medal you also have to notify Berkshire Athletics of your eligibility prior to the race – as the saying goes 'you have to be in it to win it'. Full details of how to notify Berkshire Athletics, as well as the list of races which are county championships can be found here: <http://www.berkshireathletics.org.uk/rr.htm>

BUPA London 10k: This takes place on Sunday the 25th of May and our men's and women's teams to represent us in the UK 10k Championships have been confirmed as per Tina's write-up in last month's newsletter. Good luck guys!

Ridgeway Relay: The Ridgeway Relay takes place this year on Sunday the 15th June along the Ridgeway Trail from Ivinghoe Beacon to Marlborough. The race starts at 7:30am and, in total, it covers 89 miles split into 10 legs, ranging

from 5.4m to 11m. There are still some places available for the A and B teams, so if you are interested in taking part please let me know asap. If you have a favoured leg (or legs), or distance, please let me know. Don't worry if you haven't run it before. There will be maps available so you can run your leg in advance (highly recommended that you do this anyway even if you have done the leg before) and, if possible I will try to arrange for somebody who has done the leg you are interested in to run with you for a recce if you have not done it before.

Please note: at least two of the legs must be run by a female runner.

SVAC League: Last year the ladies took part in the Southern Counties Vets Track and Field League, and this year we have the opportunity to join them. Lance Nortcliff is organising entries and can be contacted on lancenortcliff1@sky.com or, alternatively, at track on Wednesday evenings. By the time you read this the first event will have already happened, but there are future events as follows: Monday 19th May- Abingdon, Monday 9th June - Swindon, Monday 30th June – Abingdon. This will be a good opportunity to have some fun with your clubmates as well as trying out some new events. Who knows what hidden talents you may discover?

Finally, April saw two other occasions with our Spring Do/XC awards (thank you Tina for organising

a great evening) and a surprise party after the last Wednesday track of the month for Brian Shave who turned 80, both showing so much of what makes our club so special.

By the time you read this our 2nd event of the year, the Shinfield 10k, will have happened with, I am sure, its usual great success (certainly as I got my long run in around the area on race morning the weather seemed ideal and the masses of people heading towards the start line indicated it was going to be very well supported), marking the transition from the traditional marathon season to 10k races taking the focus. I look forward to seeing the results.

As I am sure some of you will have seen, I am trying to organise track (non-coached) sessions on Fridays. The aim of these is to try get groups of people together at similar paces to allow us to get quicker running in in groups (depending on your viewpoint this is either a case of many hands make light work or misery loves company!). The sessions will have a target effort attached but I also design them to be flexible should you want a sharper or easier workout depending on what races you have coming up. If you are interested in knowing more please drop me a line.

Until the next time, may your running be easy and your niggles be few.

Keith.

Sonning Common Vauxhall

**WILL DONATE £50 TOWARDS
THE CLUB CHARITY FOR 2014,
FOR EVERY NEW OR USED CAR
PURCHASED BY A READING
ROADRUNNER OR A MEMBER OF
THEIR FAMILY.**

**All cars purchased will also include
a full tank of fuel free of charge.**

- Please ask for Nick Robey (RR member) when booking your test drive.
- Nick can be contacted on 0118 972 1114
- In 2012 a donation of £200 was made to Brinos

www.scvauxhall.com

Roadrunners take on Southern Counties Veterans Athletics League

ADELE GRAHAM

After the RR ladies exploits in the athletics field last summer, Belinda has again organised a team for the Southern Counties Veterans Athletics League. Not wishing to miss out on the fun, this year we have been joined by the men as well.

The first fixture was on Bank Holiday Monday 5th May, following Shinfield. We had an excellent turnout, with teams comprising Maureen Sweeney, Cecilia Csemiczky, Sarah Urwin-Mann, Jackie Perrin, Belinda Tull, Juliet Dimmick, Kerri French, Tracey Lasan, Catherine Leather, Linda Wright, Claire Seymour, Clare Bryant and myself for the ladies and Chris Cutting, Mark Andrew, Lance Nortcliff, Pete Morris, Ian Gosling and Pete Jewell for the men. Dean Allaway offered support – being a mere

well to be 5th in the 400m and Ian Gosling was 5th in the M35 high jump. Unfortunately the men's team were disqualified from the relay after a mix up in the lanes during the race.

We certainly excelled at one discipline – we managed to get told off by officials more often than any other club. Infringements included shouting for team members (trackside this can apparently count as coaching!), accidentally obstructing the view of officials, eating in the centre of the track and generally being in the wrong place at the wrong time! In fairness this was probably due to most of us being unfamiliar with the rules – I expect we will pick this one up.

I'm not sure Belinda's suggestion of a new



34 he was deemed too young for a vet event.

The other clubs were again very friendly. Although we were a bit out of our depth in the field and sprint events, what we lacked in expertise we made up for in numbers and enthusiasm – I think we were the largest and certainly the loudest club there.

The ladies had a number of good performances. In the 100m Juliet was 3rd W35, Tracey 4th in the W50 and Cecilia 5th in the W60. Kerri was 5th in the W35 long jump and Tracey was 2nd in the W50 400m. In the 1500m Jackie was 4th W35, Sarah 2nd W35B and Maureen 6th in W50. In the javelin Juliet was 4th W35 and I was 4th W50. Belinda was a non-scorer in the javelin...but if she had scored she would have been 3rd!

The men fielded a smaller team. Pete Jewell ran

event – a 'beer mile' would go down too well. At least we could be sure of winning that one.

Overall the ladies team finished 4th out of 8 clubs – an excellent result beating both Swindon Harriers and Reading AC and something we can build on for the remaining fixtures. The men finished 8th, mostly due to having a smaller team.

We learned last year that it is worth entering as many events as possible as you pick up points even if you come last.

Everyone really enjoyed the experience – we did well for a specialist running club and we are all looking forward to the next event, which is on 19th May.

It would be great to see more people at the remaining fixtures - see Belinda for more details.

Roger Bannister 60th Anniversary Handicap Mile

GEN SEC

A total of 17 members registered for the handicap mile on Friday 9th May, to celebrate the 60th anniversary of the first sub-four minute mile achieved by Sir Roger Bannister on the 6th May 1954 at Iffley Road track, Oxford. Unfortunately only 13 of those registered came under starters orders with Eva Simmons being the first runner to start on scratch. Eva eventually finished 2nd behind popular winner Carl Woffington, with only 5 seconds separating the two.

The conditions were very windy, which might have been the deciding factor in the race not producing

a sub four timing by any of our brave and dogged competitors. Overall, there was 67 seconds between the first and last across the finish line, which means that all competitors were running their last lap at the same time. The fastest time recorded was 5:36 by Fergal Donnelly, which got him to 10th position. The trophies for first overall and first female (who was also 2nd overall) were presented by Life member and longest serving chairman in the history of the club, Mr Glynne Jones. The £1 entry fee raised £13 for the club charity and most important of all, it was great fun.

FINISH POSITION	START POSITION	NAME OF COMPETITOR	HANDICAP TIME	FINISH TIME	ACTUAL TIME
1	3	Carl Woffington	3:24	12:24	9:00
2	1	Eva Simmons	0:00	12:29	12:29
3	10	Paul Milnes	6:28	12:41	6:13
4	4	Ken Beck	5:23	12:47	7:24
5	12	Kevin Jones	6:40	12:54	6:14
6	8	Danielle Milbank	6:05	12:55	6:50
7	9	John Preston	6:10	13:02	6:52
8	7	Richard Hammerson	5:50	13:18	7:28
9	6	John Bowley	5:37	13:21	7:44
10	13	Fergal Donnelly	7:45	13:21	5:36
11	11	Pete Morris	6:40	13:24	6:44
12	2	John Cullingham	1:25	13:28	12:03
13	5	Maureen Sweeney	5:35	13:31	7:56



Group Photo line up left to right: Kevin Jones, Paul Milnes, Maureen Sweeney, John Cullingham, Eva Simmons, Ken Beck, Danielle Milbank, Fergal Donnelly, John Preston, John Bowley, Pete (the train) Morris and winner Carl Woffington. (Richard Hammerson missing)

A Life Less Ordinary

MARTIN BUSH'S INCREDIBLE 700 MARATHONS AND COUNTING

Paul Monaghan



Picture this. Martin informs me a couple of weeks previous that when we run Madrid marathon he'll be celebrating his 700th race. He then asks can I arrange race bib number 700 for him. Without hesitation I get onto this and also arrange a local press interview for the finish. All is looking good for Madrid... Except coming up to just a week before he informs me he has his count wrong and it will be 701. I was not too pleased but did see the funny side as would now mean me avoiding my press contact in Madrid or at the very least having to play along that it was his 700th. The next evening I bump into him on the way to town and he informs me it's now 702. I need to get him on the Madrid flight quick as at this rate he'll be at 710 in a few days' time.

Such is the world of Martin Bush that he will sneak in Marathons like we may sneak in a sausage roll during a diet. His 700th was not in Madrid but with Pete Morris running Around the Reservoir marathon in Northampton, which I guess is poetic as between them both they've ran nearly 1,200 most of them together. Pete lost count after 212 so he informs me. I was going to push him on what his 213th was but decided to take him at his word.

I'm partial to going abroad and running Marathons

myself but there is just no way can I comprehend running so many. Put it like this. If you ran 1 a week it would take you nearly 14 years to reach that target. It is just phenomenal. I've ran quite a few with him and what I like about Martin is he never loses the excitement of a race or the finishing medal. Medals (together with dodgy souvenirs, magnets, bottle tops, corks, Starbucks mugs, etc. etc.) are his passion and he treasures every one. I think the pursuit of a PB can take us away from the fact of why we run races, but Martin doesn't have that problem as enjoys each race as demonstrated by pictures he takes of the course and the odd cheers leaders & bands en-route. It's not only Marathons he runs as he also covers other distances as well as being a regular parkrun fixture. His 700+ marathons include an impressive 66 off road and 3 ultras.

What I do find strange is it's hard to get him to walk more than half a mile. When I asked him about this he responded with 'You don't get medals for walking' He does have a point.

So what makes Martin tick? Well I decided to pop over to his and ask a few questions to give you an idea. So, coffee is prepared and here we go:

1. How old were you when you entered your first marathon?

I was 30. It was at Abingdon in 1990.

2. What's your best race and why?

It has to be New York, It just has everything. The crowds, the support, the scenery, the organisation. It's just faultless with an amazing atmosphere.

3. When did you reach 100?

It was Abingdon 1995.

4. Has injury ever kept you out for a spell?

Yes I had a mini stroke whilst running the Malta marathon and was out for 8 months in 2003. My first Marathon back was October of that year in Dublin.

5. Do you plan on reaching the magic 1000 marathons?

Most definitely as that's my aim. The only things that could stop me are work, money, health or an injury.

6. What's the worst fancy dress you've ever had to wear?

The worst? That's a difficult one as I've really enjoyed every one. I started off as a Monk (They used to call me Martin the Monk) and have since been the Queen, a Policeman a Clown and a few others I've forgotten.

7. Abroad or the UK? And why?

Definitely abroad. Better weather more beer after races and I just love travelling and meeting different people. (I was in total agreement with Mr Bush on this one)

8. Do you think Pete Morris will ever catch you up?

Don't make me laugh, he has no chance. He's a parkrun boy at heart.

9. What famous people have you met on your travels?

Quite a few and difficult to remember but off the top of my head there's Frank Bruno, Ron Hill at Blackpool marathon, Liz McColgen at Preston marathon, Paula Radcliff at Brighton marathon and Norman Wisdom at the Isle of Man. The other week I met Teresa May at the Maidenhead 10 whom I managed to have a photograph with... Oh and there's you Paul of

course (Paul blushes whilst writing this and struggles to hold his pen)

10. What's the toughest marathon you've ran?

I'd have to say the Isle of Wight, as well as it being really hilly I had to put up with Pete.

11. What's the wackiest one you've ran?

Medoc wins this hands down as it's just brilliant. Basically you're running through a French Vineyard in fancy dress sampling local wine at the water stops. I've done it in 6:30 and 6:40 managing to stop off at every wine station. I think there were 21 of them. (A great tip there from Martin for up and coming athletes)

12. Off road or road?

Road.

13. I know you love your medals Martin but if you had to pick a favourite what would it be?

(At this point Martin has to think really hard. We're surrounded by about 1000 of them. He then goes upstairs returning with a giant box containing a medal as big as a car wheel. It's one impressive medal)

I love every one of them but at a push it has to be Texas, USA. As you can see the medal is just so big and it gets bigger every year. They presented them in boxes at the end of the race. It's by far the biggest one I have.

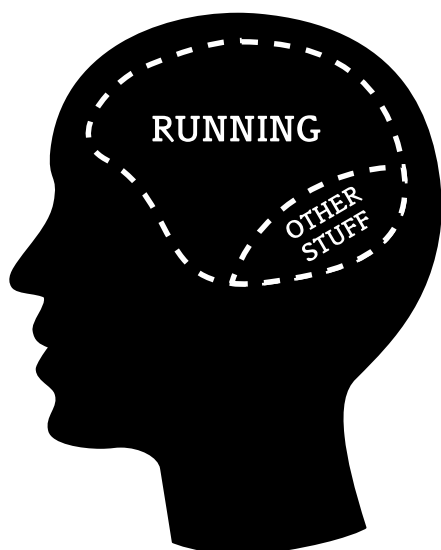
14. You are also a member of the UK 100 marathon club. Are there any other members who've ran even more than you have managed?

I'm actually 2nd on road and 4th across all terrains believe it or not, as there are 3 others who've reached over 700. Brian Mills has just passed his 1000th in October.

Martin has to make a hastily retreat as he tells me he's off to work. But suspiciously he's taking a kit bag with him so I have my doubts. It's 11:30am on a Monday morning so what could he possibly be up to? The timing chip on the trainers is a give-away as it seems there's no holding this man back. Only he could sniff out a marathon on a Monday afternoon.

For those who would like to view Martin's stats please visit 100marathonclub.org.uk

ROADRUNNERS QUIZ EVENING



SATURDAY 7th JUNE 7PM START

EARLEY ST. PETERS PARISH HALL
CHURCH ROAD
EARLEY
RG6 1EY

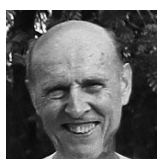
ENTRY £3 PER PERSON

Teams of six people or less
Food will also be available from Top Table
(fish & chips etc)

See Alice Johnson for entry/food order forms

Please bring your own drinks.

Your Committee



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ALAN McDONALD
SOCIAL SECRETARY



BOB THOMAS
CLUB EX-OFFICIO

WELFARE OFFICER: JENNY MILLER

Jenny is the club's welfare officer. She is not part of the committee and can be contacted directly on 0118 966 2375

Roadrunners Results

NIGEL HOULT

It's been a busy month, with Roadrunners competing in 33 events, of which no less than 13 were full marathons. Our most prolific marathon runner, Martin Bush, managed only (only?!) seven of those, bringing his lifetime total to an amazing 703 marathons. To put that into context, it's 18,432 miles, or about three quarters of the way round the earth. Well done Martin!

Of the many races, three stood out in terms of popularity; unsurprisingly, these were our own Shinfield 10k (91 Roadrunners), the Maidenhead 10, which was a club and county championship event (52) and of course the ever-popular London Marathon (46). Conditions were good for all of these, and a lot of people obtained PBs: 17 at London, 6 at Maidenhead and 12 at Shinfield (with several people managing a PB at two).

We had one outright winner this month, Luc Jolly at the Danesfield Dash, where he took more than 2 minutes off the course record – a very impressive performance. We also had age category wins for Carrie Hoskins at Maidenhead, Pete Aked at Compton, Tracey Lasan at Eton, Nicki Aitken at Bracknell, Ed Dodwell at Fairoaks, and Ian Gosling, Lesley Whiley and Nigel Hoults at Shinfield. Our men's team won at Shinfield, while at Maidenhead our ladies showed their strength in depth, with teams coming second and fourth.

Well done to everyone who raced last month, and good luck in your forthcoming races.

13th April

Great Welsh Marathon

Pete Morris	135	4:14:20	4:14:05
Martin Bush	159	4:28:28	4:28:02

London Marathon

Rupert Shute	122	2:37:01	
Luc Jolly	178	2:39:26	
Mark Worringham	256	2:42:16	
David McCoy	940	2:55:48	PB
Alex Harris	1359	2:59:45	
Andy Mutton	1382	2:59:57	
Aaron Chai	1738	3:04:28	
Gavin Rennie	1913	3:06:18	PB
Paul Roberson	2200	3:09:07	
Susanne Enhard	2276	3:09:50	
Chris Kelly	2682	3:13:18	

Dean Allaway	3250	3:17:55	
Nikki Gray	3354	3:18:48	PB
Kenny Heaton	3571	3:20:25	PB
Gary Tuttle	3598	3:20:40	PB
Ian Giggs	4110	3:24:31	
Pete Jewell	4881	3:29:11	
Katherine Sargeant	5945	3:35:25	PB
Jamie Cole	6253	3:37:11	
Mary Janssen	7258	3:42:21	PB
David Caswell	7555	3:43:42	PB
Philippa White	7700	3:44:23	PB
Sarah Morgan	8552	3:48:08	PB
Paul Jenkins	10304	3:55:00	
Chris Cutting	10337	3:55:10	PB
Lee Hinton	10799	3:56:37	
Melissa Read	11203	3:58:00	PB
David Lennon	12091	4:01:16	
Antony Streams	14046	4:09:57	
Claire Seymour	15352	4:15:30	PB
Donald Scott-Collett	16565	4:20:17	PB
Simon Davis	19128	4:30:29	
Peter Higgs	19644	4:32:49	PB
Angharad Shaw	20854	4:38:26	PB
Nelesh Kotecha	21109	4:39:31	
Irene Liming	21292	4:40:15	
Catherine Leather	21388	4:40:40	
Alison Wrigley	23293	4:49:10	
Tim Kerr	23817	4:51:28	
Peter Reilly	25636	4:59:29	
Linda Wright	26443	5:04:08	
Finola McCarthy	26580	5:04:58	
Kathy Tytler	27237	5:08:58	
Lorraine Bailey	28469	5:16:37	
Catherine Douglas	28886	5:19:26	
Veronica Andrew	34355	6:22:28	PB

18th April

Broadmeadow Good Friday Marathon

Gary Brampton	41	4:44:10	
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Maidenhead 10

Robert Tan	23	59:34	59:28	PB
Brian Kirsopp	63	1:04:28	1:04:28	PB
Andrew Smith	67	1:04:39	1:04:33	
Colin Cottell	76	1:05:09	1:05:02	
Nigel Hoults	83	1:05:17	1:05:10	3rd MV60
Caroline Hoskins	94	1:06:11	1:06:05	5th F, 1st FV45

ROADRUNNERS RESULTS

Melvin Silvey	111	1:06:54	1:06:46	
Kevin Jones	123	1:07:43	1:07:36	
Kenny Heaton	127	1:07:59	1:07:49	
Alan Thomas	134	1:08:10	1:08:02	
Alasdair Marnoch	146	1:08:53	1:08:53	
Mark Andrew	161	1:09:44	1:09:31	
Belinda Tull	164	1:09:50	1:09:44	
Paul Monaghan	171	1:10:24	1:10:12	
Fergal Donnelly	186	1:11:09	1:10:59	
Lesley Whiley	196	1:11:48	1:11:41	5th FV45
Keith Ellis	197	1:11:49	1:11:40	
Alix Eyles	222	1:13:07	1:13:07	
Anthony Page	234	1:13:25	1:13:09	
Steven Siddell	237	1:13:34	1:13:25	
Peter Morris	245	1:13:51	1:13:40	
Julie Rainbow	254	1:14:29	1:14:02	
Liz Jones	284	1:15:43	1:15:14	
David Leake	287	1:15:54	1:15:43	
Nick Robey	291	1:16:08	1:15:30	PB
Toni McQueen	298	1:16:24	1:16:11	3rd FV55
Ade Podbury	330	1:17:28	1:16:38	
Gemma Stobie	343	1:18:08	1:17:17	
Tom Stagles	360	1:19:03	1:18:43	
Antony Streams	369	1:19:35	1:19:09	
Jeremy Parker	432	1:22:40	1:22:20	
Sandra Sheppard	530	1:26:29	1:26:13	
Katie Gumbrell	545	1:26:56	1:26:20	PB
Catherine Leather	546	1:26:59	1:26:23	
Chris Cutting	547	1:26:59	1:26:23	
Christina Calderon	565	1:27:43	1:27:03	
Kim Stevens	566	1:27:50	1:27:50	
Linda Wright	614	1:29:50	1:29:26	PB
Andrea Marnoch	639	1:31:26	1:31:06	
Martin Bush	657	1:32:30	1:30:49	
John Bowley	668	1:33:00	1:32:43	
Jacqueline Fitzjohn	708	1:35:23	1:34:59	
Justin Watkins	714	1:35:51	1:35:04	PB
Heather Bowley	731	1:37:21	1:36:57	
Louise Cooper	741	1:37:50	1:37:03	
Caroline Hargreaves	743	1:37:51	1:37:03	PB
Janice Thomas	776	1:40:03	1:39:21	
Trisha Arnold	829	1:47:15	1:46:36	
Kingsley Starling	841	1:51:45	1:51:00	
Kerri French	860	2:01:55	2:01:55	
Sarah Harris	861	2:01:55	2:01:08	
Katherine Heaton	862	2:01:56	2:01:56	
Ladies teams: 2nd (Carrie, Belinda, Lesley) and 4th (Alix, Julie, Liz)				

Berkshire Champs:

MV50: Silver - Brian Kirsopp, Bronze - Colin Cottell

MV60: Gold - Nigel Hoult, Bronze - David Leake

Senior Ladies: Bronze - Gemma Stobie

19th April

Compton 40

Kathy Tytler 118 9:55:45

Compton 20

Pete Aked 5 2:25:21 1st MV40

Graham Tull 42 2:55:49

Belinda Tull 50 3:00:40 3rd FV40

Gavin Rennie 53 3:01:32

Claire Marks 133 3:41:45

Barry Baker 134 3:41:46

Rachel Bell 159 3:59:29

Cecilia Csemiczky 193 5:16:49 4th FV60

Around the Reservoir Marathon

Martin Bush 4:44:38

Maxifuel Eton 10k

Tracey Lasan 12 43:18 2nd F, 1st FV55

20th April

Around the Reservoir Marathon

Pete Morris 4:25:00

Martin Bush 4:38:00

Northampton Half Marathon

Emma Grenside 101 2:22:16

21st April

Boston Marathon

Aaron Chai 14804 3:52:06 3:48:10

Sian James 18667 4:03:14 4:02:49

23rd April

St. George's Day Marathon

Gary Brampton 10 4:01:25

Martin Bush 21 4:31:08

26th April

Chieveley Chase (5.7 miles)

Richard Usher 22 41:05

Toni McQueen 60 47:56

27th April**Madrid Marathon**

Paul Monaghan	2732	3:36:13	3:31:23
Martin Bush	10518	4:57:12	4:52:26

Pewsey Downsaround Marathon

Pete Morris	6:08:00
Julia Molyneux	6:08:00

Bracknell Half Marathon

Nicki Aitken	18	1:25:24	1:25:23	3rd F, 1st FV
Andrew Poole	20	1:25:50	1:25:34	
Darrell Robins	45	1:29:13	1:28:38	
Paul Kerr	72	1:31:54	1:31:20	
Barry Baker	374	1:51:04	1:50:37	
Andrew Atkinson	378	1:51:13	1:50:09	
Jeremy Parker	405	1:52:26	1:51:46	
Kim Stevens	470	1:55:53	1:55:35	
Angharad Shaw	534	1:59:26	1:58:49	
David Bird	536	1:59:28	1:58:04	
Louise Cooper	636	2:08:03	2:06:50	
Russell Prentice	650	2:08:59	2:08:20	
Caroline Hargreaves	654	2:09:06	2:07:52	
Liz Atkinson	725	2:16:31	2:15:26	
Kingsley Starling	805	2:30:01	2:28:43	
Ellen Togher	811	2:32:43	2:32:05	

Plymouth Half Marathon

Dean Allaway	72	1:27:38	1:27:31
Aran McGroarty	2134	2:03:55	2:00:06
Ray McGroarty	2146	2:04:02	2:00:13

Fairoaks 10

Katie Gumbrell	48	1:33:41
Chris Cutting	49	1:33:41

Fairoaks 5

Ed Dodwell	11	33:47	1st MV50
Juliet Dimmick	117	54:23	
Carl Woffington	118	55:21	

Treehouse 10k

Maureen Sweeney	95	59:24	59:16	3rd FV55
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Danesfield Dash 10k

Luc Jolly	1	36:06
Alex Warner	4	39:20
Gavin Collins	9	41:32
Andy Morgan	12	42:45
Rob Cant	20	44:32

Rebecca Stark	38	47:24	4th F
Philippa White	39	47:24	5th F
Julie Rainbow	49	49:32	3rd FV40
Andrew Runnacles	51	49:38	
Simon Davis	70	53:06	
Gemma Stobie	71	53:16	
Sarah Morgan	72	53:16	

Go Insane at Peterborough (10k)

Peter Higgs	1:12:16
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4th May**Hamburg Marathon**

Gary Brampton	7530	4:28:02	4:17:21
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Geneva Marathon

Kenny Heaton	158	3:16:04	PB
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Worcester Marathon

Martin Bush	188	4:36:58	4:35:17
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Grand East Anglia Run 10k (BMAF Championships)

Tracey Lasan	269	42:56	42:45	3rd FV55
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5th May**Milton Keynes Marathon**

Peter Miskell	95	3:12:20	3:12:05
Gavin Collins	381	3:41:48	3:40:57
David Durrett	522	3:49:54	3:49:02
Sarah Pachonick	1244	4:30:26	4:28:54
Martin Bush	1422	4:42:17	4:39:33
Justin Watkins	1980	5:42:22	5:37:17
Lita Huckle	2005	5:47:32	5:42:09
Christine Hart	2006	5:47:33	5:42:09

Milton Keynes Half Marathon

Rebecca Stark	144	1:39:43	1:38:52
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Shinfield 10k

Darryl Plank	5	35:18	35:17	PB
Robert Tan	6	35:24	35:23	PB
Ian Gosling	11	36:23	36:21	1st MV40
David Ferguson	20	37:50	37:48	PB
David McCoy	24	38:19	38:18	
Dean Allaway	38	39:05	39:00	
Chris Kelly	39	39:06	39:00	
Caroline Hoskins	42	39:20	39:18	PB, 3rd F, 2nd FV40
Simon Elsbury	46	39:46	39:34	
Gareth Goodall	50	39:53	39:48	

ROADRUNNERS RESULTS

Andrew Morgan	52	39:57	39:55	
Alan Wilson	53	40:07	39:50	
Edward Dodwell	60	40:33	40:31	3rd MV50
Mark Smith	61	40:37	40:36	4th MV50
Melvin Silvey	64	40:44	40:42	5th MV50
Fergal Donnelly	69	40:59	40:27	PB
Nigel Houlst	71	41:07	41:05	1st MV60
Chris Mason	73	41:19	41:16	
Kevin Jones	79	41:45	41:40	
Belinda Tull	88	42:17	42:14	4th FV40
Alix Eyles	93	42:41	42:38	PB
Peter Felgate	96	42:44	42:33	
Lesley Whiley	98	42:53	42:43	1st FV50
Keith Ellis	107	43:17	43:15	
Paul Kerr	109	43:18	43:01	
Paul Monaghan	111	43:22	42:46	
Mark Samson	113	43:37	43:28	
Claire Marks	116	43:41	43:33	
Nicholas Adley	123	43:46	43:44	
Graham Tull	128	43:49	43:40	
Peter Cook	131	43:52	43:28	PB
Bruce Sarjent	146	44:17	44:09	
David Legg	147	44:18	43:58	
Paulina Erceg	150	44:28	44:13	PB
Andrew Runnacles	169	45:10	44:56	
Erica Key	180	45:38	45:30	
Tim Hogarth	188	45:51	45:44	
Julie Rainbow	197	46:14	46:01	
Alan Tower	199	46:17	46:06	
Ade Podbury	211	46:36	46:04	
Brian Fennelly	212	46:37	46:34	
Pete Morris	218	46:46	46:37	
Richard Morgan	223	47:02	46:52	
Gemma Stobie	239	47:33	47:18	
Andrew Atkinson	250	48:18	48:06	
Jacqueline Smith	251	48:21	48:06	
Nelesh Kotecha	262	48:34	48:04	
Joanne Cocksey	263	48:35	48:21	
Tom Stagles	267	48:42	48:28	
Sarah Morgan	268	48:44	48:28	
Tony Streams	275	48:50	48:17	
Chris Miller	284	49:03	48:52	
Lee Coy	308	49:47	49:33	
Danielle Millbank	344	50:54	50:21	PB
Tom Wright	347	50:56	50:25	
Colin McCarlie	368	51:47	50:37	
Dinal Alshamma	369	51:48	51:16	
Peter Reilly	396	52:48	51:50	
Sandra Sheppard	399	52:50	52:15	PB, 5th FV50
John Preston	422	53:44	52:52	

Alison Wrigley	426	53:56	53:21	
Elizabeth Ganpatsingh	441	54:33	53:54	
John Bowley	445	54:42	54:11	
Angharad Shaw	447	54:56	53:38	PB
Lindsay Reed	453	55:02	54:14	
Tim Miller	456	55:09	54:16	
Linda Wright	457	55:10	54:18	
Andrea Marnoch	467	55:41	55:02	
Richard Bury	476	55:57	55:29	
Suzanne Henderson	507	57:08	55:58	
Bob Thomas	528	57:50	56:36	
Jacqueline Fitzjohn	530	57:56	57:13	
Liz Atkinson	546	58:21	57:45	4th FV60
Caroline Hargreaves	547	58:25	57:19	PB
Janice Thomas	555	59:05	57:56	5th FV60
Heather Bowley	557	59:07	58:25	
Lynda Haskins	571	59:33	58:41	
Rita Dykes	574	59:37	58:50	
Robert Bursell	590	1:00:43	59:49	
Steve Simmons	595	1:00:57	59:45	
Andy Wilson	646	1:03:35	1:02:17	
Lorraine Bailey	672	1:05:29	1:05:15	
Malin Thomas	681	1:06:03	1:04:49	
Carl Woffington	683	1:06:19	1:05:16	
Ann McKinnon	704	1:08:21	1:07:45	
Delphine Kargayan	714	1:09:10	1:07:56	
Alice Johnson	739	1:13:59	1:13:06	
Aisha Sarr	748	1:15:35	1:14:26	
Emma Grenside	749	1:15:49	1:14:57	
Angela Liu	750	1:15:49	1:14:56	
Eva Simmons	762	1:30:57	1:29:42	
Team: 1st (Darryl, Robert, Ian, David)				

Chalgrove 10k

Elaine Laver	14	38:22	3rd F, 2nd FV35
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SCVAC Vets League, Western Division, Oxford

100m Women		100m Men	
Clare Bryant	14.3	Chris Cutting	14.7
Juliet Dimmick	17.5	Mark Andrew	15.1
Tracey Lasan	18.0		
Kerri French	18.8		
Linda Wright	21.2		
Cecilia Csemiczky	22.4		
400m Women		400m Men	
Tracey Lasan	77.4	Pete Jewell	66.0
Catherine Leather	89.8	Mark Andrew	69.3
Claire Seymour	90.9	Ian Gosling	73.3
		Pete Morris	89.8

1500m Women		1500m Men	
Jackie Perrin	5:22.5	Chris Cutting	5:30.6
Sarah Urwin-Mann	5:27.5		
Belinda Tull	6:04.8		
Claire Seymour	6:53.2		
Maureen Sweeney	7:17.8		
4 x 100m Relay Women			
RRR ladies	70.8		
Long Jump Women			
Clare Bryant	4.66		
Kerri French	2.77		
Linda Wright	2.26		
Maureen Sweeney	1.55		
High Jump Women		High Jump Men	
Clare Bryant	1.35	Ian Gosling	1.30
Hammer Women		Shot Put Men	
Adele Graham	13.01	Pete Morris	6.11
Catherine Leather	12.10	Lance Nortcliff	5.40
Javelin Women			
Belinda Tull	15.73		
Juliet Dimmick	10.37		
Adele Graham	7.77		
Cecilia Csemiczky	4.32		

7th May

Silverstone Grand Prix 10k

Justin Watkins 1054 1:06:58 1:06:34

Tower of London 10k

Caroline Hargreaves 55:59 PB

Season's Bests

Ladies

5k	20:08	Jackie Perrin
5 miles	36:45	Alix Eyles
10k	38:22	Elaine Laver
10 miles	1:05:06	Caroline Hoskins
Half Marathon	1:25:23	Nicki Aitken
20 miles	2:21:54	Susanne Enhard
Marathon	3:09:50	Susanne Enhard

Men

5k	16:56	Mark Worringham
5 miles	32:19	Brian Kirsopp
10k	33:11	Keith Russell
10 miles	55:08	Keith Russell
Half Marathon	1:14:27	Luc Jolly
20 miles	1:57:04	Rupert Shute
Marathon	2:37:01	Rupert Shute

Happy Birthday Brian!



There was cause for celebration this month as Brian Shave reached his 80th birthday. Brian has been a Roadrunner for over 21 years now and is still a regular runner for the club after joining his first club, Herne Hill Harriers back in 1950.



Brian celebrated with cake and a pint in the clubhouse - here he is modelling a prize limited edition item of knitwear with the chairman.

Happy birthday Brian - you are truly an inspiration to us all!

Reading Roadrunners Committee Meeting

TUESDAY 6TH MAY 7.30PM

ATTENDANCE:

Carl Woffington	(Chairman)
Sandra Sheppard	(Treasurer)
Roger Pritchard	(Gen Sec)
Anne Goodall	(Membership Sec)
Paul Monaghan	(Web officer)
Alice Johnson	(Social sec)
Alan McDonald	(ex-officio)
Bob Thomas	(ex-officio)
Catherine Leather	(ex-officio)
Simon Denton	(ex-officio)

MINUTES OF THE MEETING OF MONDAY 7TH APRIL 2014

Anne Goodall proposed the minutes as a true and accurate record, seconded by Simon Denton.

MATTERS ARISING FROM THE MINUTES

ENGLAND ATHLETICS FORM

Roger reported that he had completed his action in filling in the EA affiliation form and posting this off to England Athletics.

CLUB HOUSE

Roger reported that he had written to the Reading Velo Club and had received a reply from their secretary, who said that the club were meeting and would discuss the proposal to build a joint clubhouse.

Roger said that their committee meeting was on the 21st April, but there was still no reply. Roger said that he also sent their secretary another e-mail to enquire on their views. ONGOING

MEN'S TEAM CAPTAIN

Carl reported that Keith Russell has taken up the role of team captain and Roger confirmed that Keith had submitted his first monthly report for April.

STEWART'S COACHES

Roger confirmed that he had completed his action to deliver the correct cheque to Stewart's Coaches for the London Marathon.

BARR AGM

Roger confirmed that he had completed his action to

advise Adele Graham of the BARR AGM.

ELECTION RESULTS

Roger reported that he had handed back the committee ballot papers for a check.

Richard subsequently checked the results and they have now been recorded in the AGM Minutes.

DESK QUESTIONNAIRE

Carl confirmed that he had produced a sample questionnaire and had spoken to Michele Wilson, who had given Carl some topics to include. ACTION Carl to amend the sample and issue to Michele.

CLUB CHARITY

Roger reported that he had spoken to Richard Hammerson, who had asked him to contact the charity, in order to set up a club 'just giving' account. Simon said that he thought he would be able to set up a club charity account for Reading Roadrunners ACTION Simon to look into.

LADIES SUMMER LEAGUE

Roger confirmed that a cheque approval form was issued and Sandra confirmed that she had a copy, for the expense of purchasing competitor numbers.

2013 UKA HALF MARATHON CHAMPIONSHIPS

Roger reported that the long awaited silver medals for our men's and women's teams in the Reading Half Marathon 2013, that hosted the UKA championships have arrived.

TRACK GROUPS

Roger confirmed that he had spoken to Simon regarding group sizes and the possibility of getting second timers to try other groups before his own.

HURDLES

Roger confirmed that he had requested Simon to advise all coaches that hurdles are not to be used unless a coach has hurdle qualifications.

MEMBERSHIP CARDS

Roger confirmed that he had asked those on desk duty for consistency in asking for membership cards to be shown. Anne commented that there was one member in particular, who gets very irate when asked for his card. The committee thought that if the rule is to be

applied fairly, all members must show their cards without exception, even the executive officers.

TRACK EVACUATION

Roger confirmed that he had announced that members must be off the track by 8.00pm as the cycling club were booked on the cycle-track at 8.00pm. Roger then reported that Glynne had informed him that the Velo club were not booked until 8.30pm.

CHAIRMAN'S REPORT

SPRING DO

Carl reported that 82 people attended the Spring Do, which made a profit of £90 and £110 was raised for the charity. Carl said that everyone who attended seemed to enjoy themselves and there was also good feedback.

Adding to the success was a £20 donation from Top Table, who provided the fish and chip suppers, raffle prize donations of race entries from Ellie Barnes and a massage from Michele Wilson and there were also other prizes donated by other members.

SHINFIELD 10K

Carl said that there were good comments from runners on-line and the main 10k went well.

Sandra reported that a lady had told her that there was a marshal missing at a major turning point and the children did not know which way to go. The lady explained that she knew the route and directed the children herself and that if she had not been there, the children would have got lost. Carl said that this was picked up and that Bruce Sarjent ran to that point to direct the children. Carl said that there were some people who got lost between the car park and the start, even though there were maps provided in the race packs.

Carl said that a car managed to drive through to the finish and that some marshals were not given emergency phone numbers. Roger was asked to record in the minutes a thank you to Toni McQueen, Shirley Smith, Anne Goodall and Pauline Beck for doing a great job with the refreshments.

TREASURERS REPORT

Sandra said that she had e-mailed copies of the March accounts to committee members. Sandra reported that there weren't many cheques issued in March. Sandra reported one returned cheque from a membership renewal. Anne reported that the member had contacted her to explain that the account had been frozen due to someone trying to hack into it and that they will issue another cheque when they are issued with a new account cheque-book.

Sandra raised concern about expenses for our events. Sandra said that she was being asked for money to purchase items for events, but not all costs were being covered by event takings and were in effect being covered by additional club funds. Sandra said she thought that all event expenses should be covered by the event takings alone and asked the rest of the committee for their opinions. Sandra reported that she had received a copy of the Bramley accounts and that the event returned a net profit of £9,082.00

SECRETARY'S REPORT

BBO ASSOCIATION

Roger reported that the Berks Bucks and Oxon XC Association have called a meeting to discuss the future of the association at Braywick Park on Monday 12th May.

COACH APPLICATION

Roger reported that Katie Gumbrill has applied to join the coaching staff and wants to attend a coaching assistant course at Oxford at a cost of £165.00 This was put to a vote and approved unanimously.

THAMES VALLEY PARK RACE CLOCK

Roger said that the clock loaned to Microsoft for a race at Thames Valley Park last Wednesday has been returned, but he has not been informed if a cheque for £50.00 has been received. Anne confirmed that she had received the cheque and given it to Tim for the charity and that she also issued Microsoft a receipt for the cheque.

SEAA TRACK & FIELD CHAMPIONSHIPS

Roger reported that he had received the entry forms for the 2014 South of England Athletic Association

track and field championships being held at Crystal Palace in June, July & August. Roger said that he had issued the forms to Tina Wilson and Keith Russell.

RSL RECORDS

Roger reported that Reading Sport and Leisure still had Glynne on record as Chairman and Hywel on record as Treasurer. Roger said that he had handed the new details in letter form to the stadium reception and told them that although Glynne has retired his chairmanship, they could still use Glynne as first point of contact.

SPRING DO

Roger reported that he applied to have the deposit of £150 for the Spring Do hall hire returned from Woodley Town Council and that they had duly sent a cheque and handed it to Sandra.

AGM MINUTES

Roger reported that he had completed the AGM minutes and asked all committee members to confirm that they had received a copy. ALL CONFIRMED.

MEMBERSHIP SECRETARY'S REPORT

Anne reported that in March there were 16 new senior members @ £28 and 2 juniors @ £19 = £486.00

There were 13 late renewals with @ £28 = £364.00 and two that sent cheques for only £26 = £52.00 making a total of £902.00 banked. Anne said that one life member had renewed, but did not want to affiliate to England Athletics.

Anne also said that she had banked £2,857.00 from Shinfield and that included the £200 float.

SOCIAL REPORT

Alice handed out possible Dinner Dance venues with costs. The venues were the Crown Plaza and the Shenhai Banquet Hall. Bob asked Alice what the reason was for finding an alternative to Sonning Golf Club. Alice explained that she was trying to find a different venue that may attract the younger members.

Alice reported that there will be a quiz night on the 7th June at St Peter's Church Hall with a fish and chip supper.

Alice produced prices for a boat trip at Henley. Sandra asked how many can the boat carry and Alice said 40. Alice said that Hobbs would charge £390 or there is the Princess Marina at £25 per person excluding food. Alice also produced prices for minibus hire for the evening. Alice said she would like to settle the question of the Dinner Dance and a discussion ensued regarding the merits of each venue, including car parking etc. It was decided that for 2015, Sonning Golf Club would be used, but there would be a rebranding of the event in order to encourage the younger members.

COACHING CO-ORDINATORS REPORT

None submitted by Simon.

TEAM CAPTAINS REPORT

Men's report received from Keith Russell.

ANY OTHER BUSINESS

LONDON 10K COACH

Carl reported that the coach for the London 10k has been booked. Roger asked if we had a full complement of marshals. Carl said that Glynne had the list. Roger said he would speak to Glynne tomorrow.

Carl also confirmed that our men's and women's teams have been entered.

PARK RUN JULY

Catherine reported that she has spoken with Kerri French regarding the possibility of RR hosting a Park Run on either the 24th May or 19th July, in order to promote the club. The suggestion is that we get as many members to turn up in club colours and hand out fliers. Catherine said that we would marshal the event, but Kerri would be race director on that day. Carl said that we might be in danger of attracting too many members, as we already send a group out on Wednesday nights to make room. Roger said we need more members for Fridays.

Carl proposed a vote to take on the 19th July Park Run. Approved by majority.

DEBIT CARD

Paul raised the subject of the debit card, as he said it was becoming critical in managing the website.

Sandra said that she had signed and resubmitted the forms and that it was now in the hands of the bank.

WEB SEARCH FOR PHYSIOS

Paul reported that he had been contacted by a web search company (like Google) who asked if we would put a link on the club website that members could use to find a physio. Carl asked Paul if we could put a note on the website saying that the club does not recommend any of the Physios listed, but just provide the link for members to assist them in finding all local physios? Paul said that he could.

Carl asked for a vote in favour. APPROVED by majority.

WEBSITE

Carl reported that the club has incurred extra costs for exceeding our bandwidth on the website. Carl said that we have only exceeded the limit by 1GB and asked Paul what our contract was and what costs would be involved in increasing our bandwidth? Paul said that until we get the debit card from Natwest, he can't take over the website from Simon and access that information. Carl said, can we leave this as an ACTION point until we get the card.

SHINFIELD

Carl said that we had received many complaints from parents about the junior races. Carl said that the complaints were mostly concerning the mud and other dangers. Catherine said that she escorted some children from her family and said that the course was too narrow in parts and that made runners slow down to a walking pace and told Tom that something should be done about the course. Catherine added that the kids were slipping on the mud as they did not have proper XC shoes and that they could have sent an e-mail out to warn the kids not to wear brand new trainers because of the mud. Sandra commented that it was not the fault of the organisers that the course was muddy. Alan said that in a years time, they will all forget about the problems.

PUB RUN

Carl reported that 99% of the club know that the first pub run is on Thursday at the Turners Arm, Mortimer West End. Roger asked if the calendar has been completed. Carl said that he had given all the dates to Glynne. Paul asked for a list of the runs. Carl said that we have the dates, but not necessarily the pubs.

WASP SPORTS

Alice asked what's happening about the kit. Carl said that Steve Siddell is investigating other suppliers. Bob asked about club kit bags. Carl said that they used to be made by Martin Bush's old firm.

Alan said that he was given the artwork for the kit bags and he still has it. ACTION ask Martin about kit bags.

TIMING CLOCK

Roger asked if we had received a check from Barnes fitness for the loan of the clock?

Sandra said that Ian Gosling might possibly give a cheque to Anne on Wednesday.

SOCIAL EVENTS

Carl raised the idea of having a 'Fun in the Park' day. Anne said that this has been discussed every year. Carl said that it would not be on the track, but in the park with picnics and fun and games suitable for children, like Frisbee throwing and Rounders etc. Alice said that Anne mentioned having a car treasure hunt.

Sandra said that we have had a running treasure hunt. Roger said that Jenny Miller knew a club that designed such hunts. INCONCLUSIVE

DOOR ROTA

Wed 7th May

Shirley Smith, Anne Goodall, Glynne Jones.

Wed 14th May

Alan McDonald, Anne Goodall, Glynne Jones.

Wed 21st May

Shirley Smith, Anne Goodall, Glynne Jones.

Wed 30th April

Alice Johnson, Glynne Jones, Anne Goodall.

Meeting closed 9.35pm

Next Meeting Tuesday 27th May.

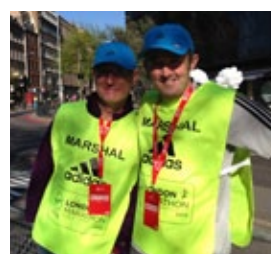
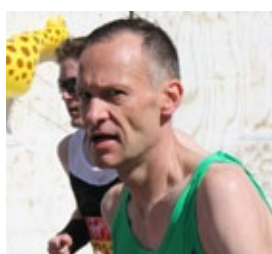
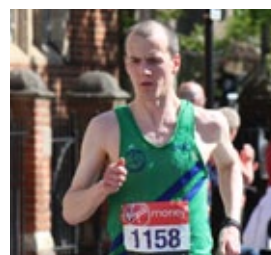
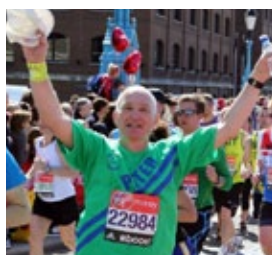


London Marathon

There's no way to do justice to everybody's efforts at London, whether running, marshalling or supporting, so here's a small selection to grace the back page!

It was nice to have the marshals kitted out for a photo at the track as well as the runners this year.

Thanks to (amongst others) John Bailey and Nigel Hoult for the photos



If you would like to submit an article for the newsletter, please send it to the editor Chris Cutting, who can be reached at: newsletter@readingroadrunners.org