

## Tadley Reverse 10 Mile – 15<sup>th</sup> October 2017

Report written by Helen Dixon (aka PB queen as people have started calling me, and yes I got another one today ☺)

Photos by: Sarah Walters.

The day of the last championship race of the season had arrived and 25 bleary eyed Roadrunners started arriving at Hurst Leisure Centre in preparation for the Tadley 10 event.



Each time someone entered you could see the competitive (yet friendly) spirit start to show through as people worked out who had potential to steal some valuable points and impact the final positions. We look forward to seeing the final table once Bob Thomas has continued his sterling job of finalising it for another year.

At 10:00am we all set off and started on what can only be described as an undulating and tough course running along many country roads past some very beautiful scenery. In an impressive 55 minutes and 56 seconds, Reading Roadrunners very own Matthew Richards lead the field home, a whole 2 mins and 3 seconds ahead of 2<sup>nd</sup> place. Well done, Matthew!



The first lady Roadrunner over the finish line was our very own ladies' captain, feeling the benefits of the Bournemouth Cross Country.

Following the event Sam said: "Last bit of training done for Abingdon marathon - Tadley 10 mile race. Nice, gently undulating course. Very sensible 9 min/mile pace for the first 6 miles, running and chatting with someone called Jane who was training for Gosport half. Then I could hold off no longer and blasted the last 4 miles, spurred on by seeing Sally just ahead of me. 1.27 something, and felt pretty strong after yesterday's XC. Now a week of mostly resting."



Maybe others could benefit from the cross country season.

Here are the full results for the RoadRunners:

1<sup>st</sup> Matthew Richards: 55:58; 6<sup>th</sup> Ben Whalley: 62:27; 12<sup>th</sup> Stuart Bradburn: 65:57; 15<sup>th</sup> David Ferguson: 66:39; 21<sup>st</sup> Gavin Rennie: 68:37; 24<sup>th</sup> Justin Simons: 69:54; 26<sup>th</sup> Eugene McSorley: 70:17; 34<sup>th</sup> Bill Watson: 73:17; 35<sup>th</sup> Stuart Jones: 73:27; 38<sup>th</sup> David Caswell: 74:08; 42<sup>nd</sup> Peter Manning: 74:55; 57<sup>th</sup> Chris James: 78:43; 59<sup>th</sup> Nicholas Adley: 79:19; 98<sup>th</sup> Sam Whalley: 87:51; Sally Carpenter: 88:06; 108<sup>th</sup> Charlie Macklin: 91:16; 119<sup>th</sup> Stewart Wing: 95:43; 123<sup>rd</sup> Bob Thomas: 96:58; 126<sup>th</sup> Adele Graham: 98:41; 138<sup>th</sup> Liz Atkinson: 108:49; 139<sup>th</sup> Anthony Eastaway: 109:13; 141<sup>st</sup> Helen Dixon: 109:24; 143<sup>rd</sup> Janice Thomas: 111:06; 153<sup>rd</sup> Julie Wing: 136:59; 154<sup>th</sup> Stephen Wing: 137:29



There was a lot of confusion around the trophy winners on the day, with wrong names, clubs and all sorts being announced so I am not really sure who won what. According to the results Matthew Richards won his age category (hardly surprising considering he won the race), Ben Whalley came 3<sup>rd</sup> in the M40; Gavin Rennie came 3<sup>rd</sup> in the M50 so well done to you three.



Julie and Stephen Wing continued a nice competitive husband and wife battle to see who would get the honour of closing the Tadley 10 Mile race for another year. Both came in looking strong if not slightly tired. Even the back marshal said to me he has was expecting a nice Sunday morning stroll and never has he had to walk so fast! Well done Stephen for keeping him on his toes. 😊



Finally, just a little mention to the finishing memento which for a nice change was not a T-Shirt or a medal (and I do love bling!!). Tadley Runners came up with the lovely idea of a glass paperweight, which now makes it look like I have won a running trophy!

So that's it for the club champs 2017, well done to everybody who entered a race, no matter where you finished, if a PB was achieved or if you just thoroughly enjoyed running with other likeminded people. Onto the cross country season we go.....