| UPCOMING LOCAL RACES  AUGUST 2017 |         |   |                             |                               |                         |
|-----------------------------------|---------|---|-----------------------------|-------------------------------|-------------------------|
|                                   |         |   |                             |                               |                         |
| Thursday 10 <sup>th</sup> August  | 7.00pm  | Dinton Pastures 10k/5k<br>Summer Series race 4  | Dinton Pastures             | barnesfitness.co.uk           |                         |
| Sunday 13 <sup>th</sup> August    | 9.30am  | Burnham Beeches Half<br>Marathon                | Burnham Beeches             | burnhamjoggers.co.uk          |                         |
| Sunday 13 <sup>th</sup> August    | 10.00am | Run Dorney 10k/Half Marathon                    | Dorney Lake                 | runthrough.co.uk              |                         |
| Sunday 13 <sup>th</sup> August    | 10.30am | Hart 4 Trail Relay                              | Fleet                       | hart4.co.uk                   |                         |
| Sunday 13 <sup>th</sup> August    | 9.30am  | Salisbury 54321 50k/Marathon /33k/Half Marathon | Salisbury                   | salisbury54321.com            |                         |
| Sunday 20 <sup>th</sup> August    | 9.00am  | Run for Champagne 10k                           | Mapledurham                 | runforchampagne.com           |                         |
| Sunday 20 <sup>th</sup> August    | 10.00am | Nice Work Bushy Park 10k/5k                     | Bushy Park, London          | nice-work.org.uk              |                         |
| Sunday 27 <sup>th</sup> August    | 9.30am  | Headington 5                                    | Oxford                      | hrr.org.uk                    | Club Champs 5 mile race |
| Sunday 27 <sup>th</sup> August    | 11.00am | Englefield 10k                                  | Englefield House,<br>Theale | englefieldrun.info            |                         |
| Monday 28 <sup>th</sup> August    | ТВС     | Reading AC Bank Holiday Mile<br>Festival        | Palmer Park                 | Facebook/Twitter @racmilefest |                         |

| SEPTEMBER 2017                      |                                   |  |                                     |                         |  |
|-------------------------------------|-----------------------------------|--|-------------------------------------|-------------------------|--|
| Date                                | Start Time                        | Race   | Location                            | Website                 | Info   |
| Sunday 3 <sup>rd</sup> September    | 9.00am                            | Thames River Relay   | Boveney to Kingston-<br>upon-Thames | stragglers.org          | Let Team Captains know if you would like to enter a team |
| Sunday 3 <sup>rd</sup> September    | 9.30am                            | Maidenhead Half Marathon   | Maidenhead                          | purplepatchrunning.com  | Club Champs Half<br>Marathon race                        |
| Sunday 3 <sup>rd</sup> September    | 2.00pm                            | Overton 5 Mile Road Race   | Overton                             | overtonharriers.org.uk  |  |
| Sunday 10 <sup>th</sup> September   | 10.30am                           | Pangbourne 10k   | Pangbourne                          | pangbourne10k.org.uk    |  |
| Sunday 17 <sup>th</sup> September   | 8.30am                            | ZSL London Zoo Stampede<br>10k/5k                                    | London Zoo                          | zsl.org                 |  |
| Sunday 17 <sup>th</sup> September   | 10.00am                           | Vitality Move 10k/5k   | Windsor Great Park                  | vitalitymove.co.uk      |  |
| Sunday 17 <sup>th</sup> September   | 10.30am                           | Swallowfield 10k   | Swallowfield                        | swallowfield10plus3.com | Club Champs 10k race                                     |
| Sunday 17 <sup>th</sup> September   | 10.30am                           | Andover Lake Run 10k/5k  | Andover                             | andover10klakerun.co.uk |  |
| Saturday 23 <sup>rd</sup> September | 10.00am                           | Boudavida Women's 10k  | Windsor Great Park                  | windsorwomens10k.com    |  |
| Saturday 23 <sup>rd</sup> September | 11.00am                           | Alice Holt 10k   | Farnham, Surrey                     | farnham-runners.org.uk  |  |
| Sunday 24 <sup>th</sup> September   | 11.00am                           | Mortimer 10k   | Mortimer                            | readingroadrunners.org  | RR race  |
| Sunday 24 <sup>th</sup> September   | Women<br>1.30pm,<br>Men<br>2.30pm | SEAA Road Relays<br>(Women 4x4.5k, Senior Men<br>6x6k, Vet Men 4x6k) | Crystal Palace, London              | seaa.org.uk             | Team Captains will enter teams.                          |

| OCTOBER 2017                      |  |  |                      |                              |                                 |  |
|-----------------------------------|--|--|----------------------|------------------------------|---------------------------------|--|
| Date                              | Start Time   | Race                                       | Location             | Website                      | Info                            |  |
| Sunday 1 <sup>st</sup> October    | 8.30am   | Kingston Half Marathon                     | Kingston Upon Thames | kingstonhalfmarathon.com     |                                 |  |
| Sunday 1 <sup>st</sup> October    | 9.00am   | Blueiron Reading O2O 10k                   | Thames Valley Park   | purplepatchrunning.com       | Club Champs 10k race            |  |
| Sunday 1 <sup>st</sup> October    | 9.30am   | South Bucks 10k/5k                         | Black Park, Slough   | southbucks10k.org.uk         |                                 |  |
| Sunday 1 <sup>st</sup> October    | 9.30am   | Wimbledon Half Marathon                    | Wimbledon Common     | runthrough.co.uk             |                                 |  |
| Sunday 1 <sup>st</sup> October    | 11.00am  | Basingstoke Half Marathon                  | Basingstoke          | destinationbasingstoke.co.uk |                                 |  |
| Sunday 1 <sup>st</sup> October    | 12.00pm  | Salisbury Half Marathon                    | Salisbury            | salisburyhalf.com            |                                 |  |
| Sunday 8 <sup>th</sup> October    | 9.30am   | Henley Half Marathon/10k                   | Henley               | rotary-ribi.org              |                                 |  |
| Sunday 8 <sup>th</sup> October    | 9.30am   | Oxford Half Marathon                       | Oxford               | uk.virginsport.com           |                                 |  |
| Sunday 8 <sup>th</sup> October    | 10.00am  | Rushmoor Wellesley 10k                     | Aldershot            | rushmoor10k.co.uk            |                                 |  |
| Sunday 8 <sup>th</sup> October    | 10.00am  | Ridgeway Run 15k                           | Tring                | tringrunningclub.org.uk      |                                 |  |
| Sunday 8 <sup>th</sup> October    | 10.00am  | Bradenham Bolt 10k                         | West Wycombe         | nationaltrust.org.uk         |                                 |  |
| Sunday 8 <sup>th</sup> October    | 11.00am  | RARE 10k/5k                                | Harwell              | barnesfitness.co.uk          |                                 |  |
| Sunday 8 <sup>th</sup> October    | 11.00am  | TVXC (8-10k)                               | Metros (hosts)       | tvxc.org.uk                  | XC League                       |  |
| Saturday 14 <sup>th</sup> October | TBC,<br>usually<br>Women<br>1.35pm,<br>Men<br>2.30pm | Hampshire League XC<br>(Women 6k, Men 10k) | Bournemouth          | hampshireathletics.org.uk    | XC League                       |  |
| Sunday 15 <sup>th</sup> October   | 10.00am  | Frieth Hilly 10k/5k                        | Frieth, Henley       | friethhilly.co.uk            |                                 |  |
| Sunday 15 <sup>th</sup> October   | 10.00am  | Tadley Reverse 10 mile                     | Tadley               | tadleyrunners.co.uk          | Club Champs 10 mile race        |  |
| Saturday 21 <sup>st</sup> October | 9.30am   | Richmond Autumn Riverside<br>10k           | Richmond             | thefixevents.com             |                                 |  |
| Saturday 21 <sup>st</sup> October | Women<br>2.00pm,<br>Men<br>2.30pm                    | XC relays<br>(Women 3x3k, Men 4x5k)        | Wormwood Scrubs      | seaa.org.uk                  | Team Captains will enter teams. |  |
| Sunday 22 <sup>nd</sup> October   | 11.00am  | TVXC (8-10k)                               | TVT (hosts)          | tvxc.org.uk                  | XC League                       |  |
| Sunday 22 <sup>nd</sup> October   | 10.00am  | Water of Life Half<br>Marathon/10k         | Bisham Abbey         | purplepatchrunning.com       |                                 |  |
| Sunday 22 <sup>nd</sup> October   | 10.00am  | Fleet 10k/5k                               | Fleet                | fleet10k.co.uk               |                                 |  |
| Sunday 22 <sup>nd</sup> October   | 10.30am  | White Horse Gallop 8                       | Westbury             | stampedesports.co.uk         |                                 |  |
| Sunday 29 <sup>th</sup> October   | 8.30am   | River Thames Half Marathon                 | Walton-on-Thames     | riverthamesrunning.co.uk     |                                 |  |
| Tuesday 31 <sup>st</sup> October  | 8.00pm   | Halloween 5 Nite Run                       | Thames Valley Park   | halloween5niterun.co.uk      |                                 |  |

| NOVEMBER 2017                      |  |  |                           |                                 |                                 |  |
|------------------------------------|--|--|---------------------------|---------------------------------|---------------------------------|--|
| Date                               | Start Time   | Race   | Location                  | Website                         | Info                            |  |
| Saturday 4 <sup>th</sup> November  | 9.30am   | Muddy MoRun 10k/5k   | Swinley Forest            | mo-running.com                  |                                 |  |
| Saturday 4 <sup>th</sup> November  | 10.30am  | Burnham Beeches 10k/5k XC  | Burnham Beeches           | burnhambeechesrun.co.uk         |                                 |  |
| Sunday 5 <sup>th</sup> November    | 10.00am  | Rivermead 10k  | Reading                   | mccpromotions10kseries.com      |                                 |  |
| Sunday 5 <sup>th</sup> November    | 9.30am   | Marlow Half Marathon/7   | Marlow                    | marlowhalf.marlowstriders.co.uk |                                 |  |
| Saturday 11 <sup>th</sup> November | 11.02am  | Remembrance Day 10k  | Portchester               | racebest.com                    |                                 |  |
| Saturday 11 <sup>th</sup> November | TBC,<br>usually<br>Women<br>1.35pm,<br>Men<br>2.30pm | Hampshire League XC<br>(Women 6k, Men 10k)                                     | Petersfield               | hampshireathletics.org.uk       | XC League                       |  |
| Sunday 12 <sup>th</sup> November   | 10.00am  | Grand Union Canal Autumn<br>Half Marathon                                      | Uxbridge                  | purplepatchrunning.com          |                                 |  |
| Sunday 12 <sup>th</sup> November   | 11.00am  | TVXC (8-10k)   | Datchet Dashers (hosts)   | tvxc.org.uk                     | XC League                       |  |
| Sunday 19 <sup>th</sup> November   | 9.30am   | Milton Keynes MoRun 10k/5k   | Milton Keynes             | mo-running.com                  |                                 |  |
| Sunday 19 <sup>th</sup> November   | Women<br>11.30am,<br>Men<br>12.15am                  | Berkshire, Buckinghamshire & Oxfordshire XC Championships (Women 6k, Men 9.6k) | Prospect Park             |                                 | Team Captains will enter teams. |  |
| Sunday 26 <sup>th</sup> November   | 11.00am  | TVXC (8-10k)   | Sandhurst Joggers (hosts) | tvxc.org.uk                     | XC League                       |  |
| Sunday 26 <sup>th</sup> November   | 10.00am  | Downton Half Marathon  | Downton                   | racenewforest.co.uk             |                                 |  |

| DECEMBER 2017                      |   |  |                             |                           |                                 |
|------------------------------------|---|--|-----------------------------|---------------------------|---------------------------------|
| Date                               | Start Time  | Race                                       | Location                    | Website                   | Info                            |
| Saturday 2 <sup>nd</sup> December  | TBC,<br>usually<br>Women<br>1.35pm,<br>Men<br>2.30pm                  | Hampshire League XC<br>(Women 6k, Men 10k) | Popham                      | hampshireathletics.org.uk | XC League                       |
| Sunday 3 <sup>rd</sup> December    | 11.00am   | TVXC (8-10k)                               | Handy Cross Runners (hosts) | tvxc.org.uk               | XC League                       |
| Sunday 3 <sup>rd</sup> December    | TBC   | Reading Charity Santa Run                  | Reading                     | readingsantarun.co.uk     |                                 |
| Sunday 3 <sup>rd</sup> December    | 10.00am   | Mapledurham Ten/10k                        | Mapledurham                 | mysportingtimes.com       |                                 |
| Saturday 9 <sup>th</sup> December  | 10.30am   | Osterley Park Winter 10k                   | Osterley                    | osterleypark10k.co.uk     |                                 |
| Saturday 9 <sup>th</sup> December  | Men 50+,<br>60+<br>11.00am,<br>Women<br>11.40am,<br>Men 40+<br>2.10pm | Southern Masters XC<br>Championships       | Horspath, Oxford            | seaa.org.uk               | Team Captains will enter teams. |
| Sunday 10 <sup>th</sup> December   | 11.00am   | Tadley Runners Xmas XC 5.2                 | Tadley                      | tadleyrunners.co.uk       |                                 |
| Saturday 16 <sup>th</sup> December | 10.30am   | Dinton Santa Dash                          | Dinton Pastures             | barnesfitness.co.uk       |                                 |
| Sunday 17 <sup>th</sup> December   | 10.00am   | Muddy Welly Run                            | Wellington College          | mysportingtimes.com       |                                 |
| Sunday 17 <sup>th</sup> December   | ТВС   | Berkshire XC Championships                 | Prospect Park               | berkshireathletics.org.uk | Team Captains will enter teams. |
| Sunday 31 <sup>st</sup> December   | 10.00am   | Gutbuster 10 Mile/10k                      | Mortimer                    | mysportingtimes.com       |                                 |